# Foreword

Dear Professors,

And my Dhamma friends,

I guess all of you agree that student life is the most beautiful time of youth. Me too. Those were hard times, but you and I lived happily and positively with our youth. Two years of MA Buddhist at Gautam Buddha University with many happy and sad memories but still imprinted in my heart the warm feelings of the years spent together, studying under our beloved school. Two years is not long compared to human life, but it is enough to impress people in life lessons, profound and valuable Buddhist teachings, and useful knowledge from the Professor. I wish those good days will remain intact within me and my friends and the Buddhist teachers have spent their lives communicating and sharing knowledge. The school gate opens and closes, welcoming and bringing generations of students inside and outside the school, bringing about the dream achievements that each person has cherished to develop with them in the large lecture hall of the School Buddhist Studies and Civilization. And I, a student of Buddhist studies, will not be out of that rule even though I really want to stay to go a little further. I thought of the task of a young nun, a student who left the school chair to take on new challenges in life and career. That is, I will also become a Buddhist teacher. I see, behind me, many young monks and nuns. It is a really beautiful image!

Sincerely and thank you very much, professors! Thank you to all the professors who gave us time, help us make this difficult but meaningful journey!

Time as a stream will flow in its natural way, each elderly person will increase day by day impermanently. But human memories will remain in their souls throughout this life. I created the MA Yearbook for Buddhist Studies (batch 2017-2019) with the support and encouragement of my classmates. My friends even donated money to print this yearbook.

I really feel happy and respect you all. I hope that the Professors and classmates will sympathize with me because I designed this Yearbook with my heart, but my technology is limited. I pray for the Buddhas to bless all Professors and my classmates, as well as all Buddhist students of the School of Buddhist Studies and Civilization at GBU, to stay healthy, intellect, happy and successful on the path of your life. I pray for a peaceful world; all living beings will be happy forever!

Namo Shakyamuni Buddha!

Tran Thi Hien Hoa (Bhikkhuni Lien Anh)



# SCHOOL OF BUDDHIST STUDIES & CIVLIZATION



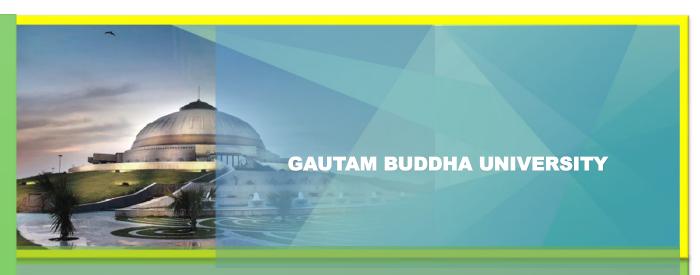


# THE HISTORY OF THE GAUTAM BUDDHA UNIVERSITY



Gautam Buddha University is located in Greater Noida, Uttar Pradesh state, a school named after the Buddha and built on a large scale, international stature. The mission of Gautam Buddha University, like all other prestigious universities, is to provide a good learning environment for both those who have little opportunity to study and are disadvantaged. Gautam Buddha University is also a place to realize the values of Buddhist teachings and modern education. Mayawati, President of Uttar Pradesh state for four terms, chaired the inauguration ceremony of Gautam Buddha University on August 23, 2008. Mayawati said she was motivated by the teachings of the Buddha and Dr. Ambedkar's vision of the foundation for social change to improve the welfare of the people of Dalit, the lowest community in Indian society. "This university will have partnerships with universities in the United States and Europe", Mayawati said.

Hopefully, with the enthusiasm and interest in Buddhism of the School Board, the school will re-create the once-developed Buddhist values and the global influence originating form India and Buddhism will gradually be revived form the research, affirmation of the intellectuals and spread to the masses in the cradle that was born it.



### **About the Gautam Buddha University**

Gautam Buddha University, established by the Uttar Pradesh Act (9) of 2002, commenced its first academic session at its 511 acres lush green campus at Greater Noida in August 2008. The University is fully funded by the New Okhla Industrial Development Authority (NOIDA) and the Greater Noida Industrial Development Authority (GNIDA), the undertakings of the Government of Uttar Pradesh. The University envisions to become a world class center for excellence in education with a special focus to serve the under privileged and economically challenged sections of the society. The campus and is modeled as a fully residential educational campus in line with the best institutions of higher learning across the globe. The uniqueness of its reputation is acknowledged through the format, content and pedagogy of its programmes and their relevance to the society. The University is recognized by the University Grants Commission under UGC Act and is a member of the Association of Indian Universities. In order to promote value-based education, research and training, the University has established eight schools of learning, which are:

- 1. School of Buddhist Studies & Civilization
- 2. School of Management
- 3. School of Vocational Studies & Applied Sciences
- 4. School of Information & Communication Technology
- 5. School of Biotechnology
- 6. School of Humanities & Social Sciences

Gauta m Buddha University has planned to develop one of the finest campuses that can rival the best in the world. The University campus is an architectural marvel and has in its master plan, which shall be completed by December 2011:

- ❖ A fully residential campus for all Faculty, Staff and Students with world class infrastructure and support facilities.
- Lush green campus spread over 511 acres with 30% green area in which 50,000 trees already planted.
- Lush green campus spread over 511 acres with 30% green area in which 50,000 trees already planted.



- \* Total built up campus area 55 lacs sq.fts,
- ❖ Bodhisatva Dr. Bim Rao Ambedkar Library with total built up area 1.8 lacs sq.fts. with 2000 seating capacity for library users at a time.
- ❖ In its fully functional state 5000 Students shall be receiving global exposure and training.
- Manywar Kanshi Ram Auditorium with 3000 seating capacity
- **An Administrative Building**
- Eight School Buildings
- \* Mahatma Jyoti Ba Phule Vipassana Dhyaan Kendra,
- \* Eklavya Sports Complex with Indoor and Outdoor Stadium, Swimming Pool, and Gymnasium
- \* Mahamaya Shanti Sarowar, a water body spread over 11ac sqft area,
- ❖ Panchsheel Avasiya Parisar for Faculty and Staff Members
- ❖ Separate Transit Hostel for 160 Married Research Scholars,
- ❖ Hostel with single occupancy for 5000 Post Graduate Students,
- Savitri Bai Phule Women's Hostel
- Savitri Bai Phule Women's Hostel
- ❖ Shri Chhatrapati Shahuji Maharaj Men's Hostel
- ❖ Sant Ravi Das Men's Hostel & Other Hostels are under construction,
- ❖ An International Convention Centre
- ❖ An International Centre and Guest House
- \* Well-furnished University Guest House,
- Shopping Centre and Utility Centres
- \* Faculty and Staff Club, and
- \* Many other support facilities.

All the Schools and the Centers are in synchrony with the essence of our predominant Buddhist Ethics and Practices in the modern context. All these centers of learning encompass modern fields of studies, high-end technological exposure and a meaningful dissemination of knowledge coupled with practicing wisdom.

## About the Boddhisattava Dr. Bhim Rao Ambedkar Library



Bodhisattva Dr. Bhim Rao Ambedkar Library is the spiritof academic and research activities of the Gautam Buddha University. It has been catering to the needs of faculty members, research scholars, and students on campus effectively. It has huge volumes of books and e-journals which cover the disciplines of management, computer science, information technology, biotechnology, Humanities, and other related areas. The library is located on the outer circle of the schools as the background of Tathagat's statue.

The library is well equipped with modern facilities, spacious stack halls, 2000-seating capacity reading hall, reference sections, catalogue area, multiple loaning counters, and is managed by a highly dedicated team of professionals. The mission of Bodhisattva Dr. B.R.Ambedkar Library is to "provide high quality services in support of the teaching and research objectives of the University communities". The plans to remain open round the clock.

The Bodhisattva Dr. Bhim Rao Ambedkar Library liaises with academic staff and researchers to identify the informationneeds of library users, procures material and provides services to make required information available, provides a conducive environment to study and research, and facilitates users with advice, assistance and skills training in using documents and information sources.

The University Library is a member of INDEST, INFONET, DELNET, ECCH, CMIE and has subscribed to many e-journals and sources such as IEEE, ACM, Springer, Science Direct, Emerald, Oxford University Press, JSTOR, Nature, EBSCO (Business Source Complete and Academic Search Complete), Proquest ABI/Inform Complete, PROWESS, EIS (Economic Intelligence Service) to name a few. The following electronic resources are used at a high frequency by the faculty members, researcher scholars, and students on campus.



#### **About the Conference**

With the advent of new technology, the field of Librarianship has totally changed. From traditional library to mobile set-based library is in the practice. New dimensions have been searched. Digitations technology has revolution the concept of the library theories. Indexing and abstracting have been in the new avatar. The imaginations of the libraries have not stopped. Limitless library services are thought of Virtual forms of libraries are acceptable in academic world. New frontiers are being searched. The entire library world is fascinating with the new developments. New challenges are ahead. Thus, the national seminar will focus light on the development being observed in various fields of the librarianship. Can we think of Beyond Librarianship? What are the new challenges, and what are the limits of the library services? These questions are to be addressed during the seminar.

# **Objectives of the Conference are as under:**

- 1. To assess of the new digitization process adopted in various libraries
- 2. To know the new technologies that have emerged insecurity, indexing and abstracting
- 3. To share the experience of librarians for copyright issues, standards, and patents
- 4. To acquainted with the new research being done in the field.
- 5. To understand the financial impact of the technology.
- 6. To know the social and academic impact of the new technology.
- 7. To know how social media can be used for the benefit of the librarians and the library services.

(According to National Conference on Beyond Librarianship: Search for New FrontiersOrganised by Bodhisattva Dr. Bhim Rao Ambedkar Library Gautam Buddha University)



GBU is a member of the Association of Indian Universities. Find below an overview of the college and also check other tabs on Collegedunia.com to know more about GBU courses, fees, and placement.

#### **Extra-Curricular**

Abhivanjana: It is an annual cultural and management event in which students get the opportunity to enhance their creativity.

Sports: The university organize annual sports meet, Shauryotasva, aims at motivating students' participation in various sports activity. The university has a huge sports complex namely Eklavya Sports Complex stretched over 58 acres of land.

Meditation: It aims at physical, mental and spiritual growth of students.

#### **Facilities:**

Library: The university has well-equipped library with capacity of accommodating 2000 students.

Hostel: The university has hostel facility accommodating capacity of 5000 students.

Facilities: > Comp Labs > Sports > Gym > Medical > Auditorium > Laboratory > Library > Hostel > Cafeteria



#### SCHOOL OF BUDDHIST STUDIES AND CIVILIZATION

The School of Buddhist Studies and Civilization (SoBSC) has been set up with a vision to produce the erudite scholars and distinguished researchers in the field of Buddhist Studies in order to develop and cater their knowledge to serve the humanity. The School adopts interdisciplinary and multidimensional approaches with the help of other sciences and social sciences like Archaeology, History, and Philosophy etc. for producing scientific researches. The School is well supported by talented and innovative faculty members, who are striving hard to establish the School as an institution of repute with their pioneer researches, conference participations, and academic endeavors and able to encourage scientific inquiry and inquisitiveness among the students as well as academicians.

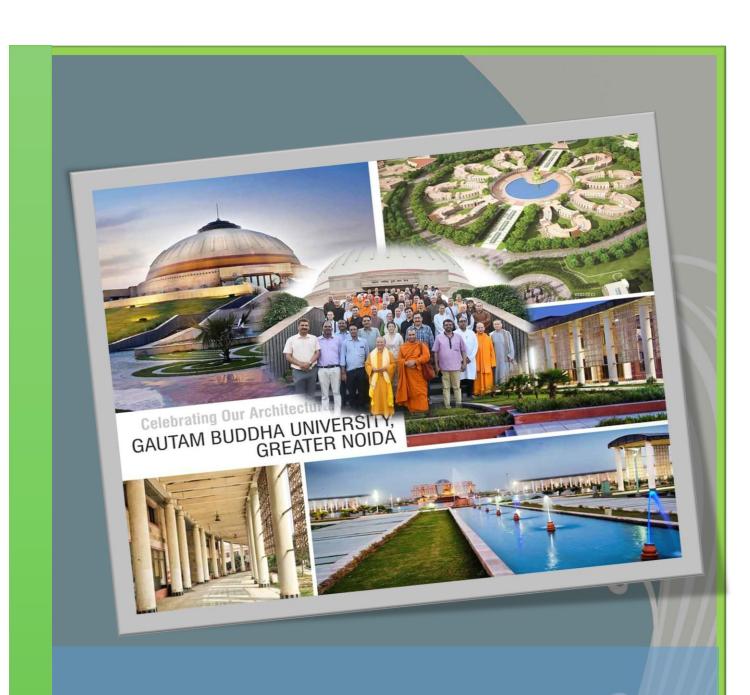
Our vision is to establish the School of Buddhist Studies and Civilization, Gautam Buddha University as a major research Centre of the world. Keeping pace with the disciplinary advances, the program would address learning about ethical, psychological, historical, philosophical, economic, transnational, trans-cultural, and linguistic expertise at individual, social, national, and international level. It would facilitate acquisition of specialized knowledge in Buddhist History, Philosophy, and Literature existing in Pali, Sanskrit, Chinese, Burmese, Sinhalese and Tibetan languages and their literature.

With a very rich library, a grand meditation center, a serene campus, the School promises a very productive academic engagement and practice of Buddhist techniques of Vipassana meditation under qualified supervision.



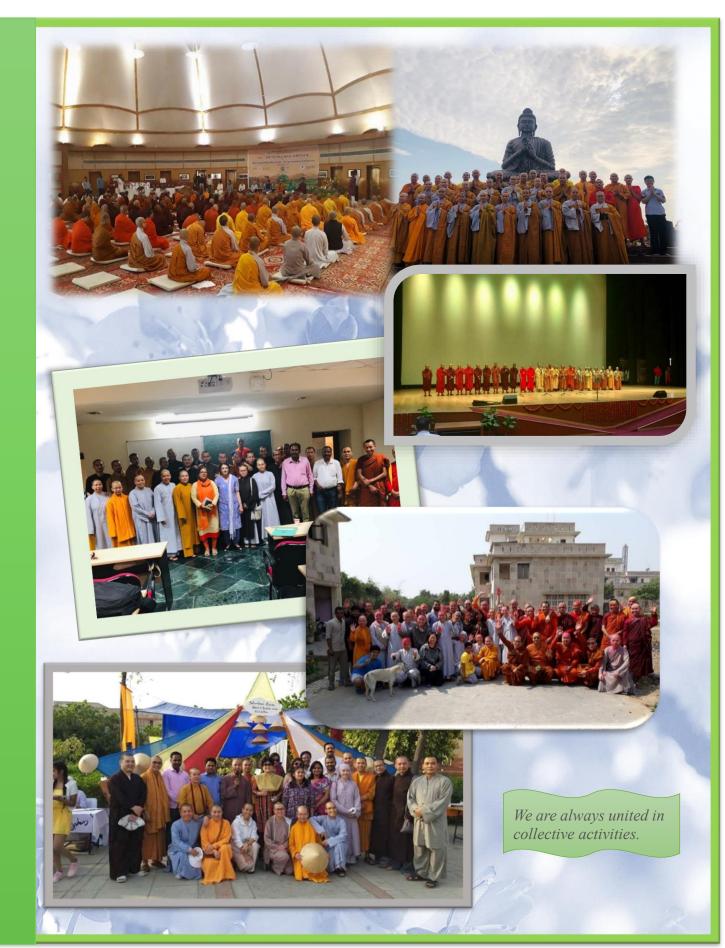
In addition to the above, the School provides an ideal forum for cross-cultural and international dialogues, with regular sessions with scholars, conventions, symposia, seminars, conferences, lecture series, etc. It is open to academic collaborations, joint research programs and faculty & student exchange programs with academic institutions of repute dedicated to Buddhist Studies. In these programs not only Indian but foreign students are also enrolled. All the faculties including Research Associates are teaching in the compulsory courses of "Human Values & Buddhist Ethics" and "Buddhist Moral Values and Contemporary Society" offered by University across the schools for UG and PG programs respectively. The School has a MoU with Dhammachai International Research Institute (DIRI), 3, MoU with MIMC, Leh, and many more MoUs from institution of repute from South Korea, Taiwan, China, Vietnam, Myanmar, Thailand, Sri Lanka etc. are in progress and will take their final shape in near future.

The School has started its Ph.D. Programme during the even Semester of academic session 2011-2012 and like MA and M.Phil. programmes from 2012-2013. Again, School has launched its undergraduate programme BA (Hons.)-MA in Buddhist Studies and Civilization from the academic session 2014-2015. From this academic session i.e. 2018-2019, School is also offering three new programmes in the field of Buddhist Studies which are Certificate and Diploma Course in Pali Language and Literature and Diploma in Buddhist Tourism and Heritage. Here it is imperative to mention that School is able the draw attention of international student and almost 90% of students are from abroad. At present, the School offers following programs.

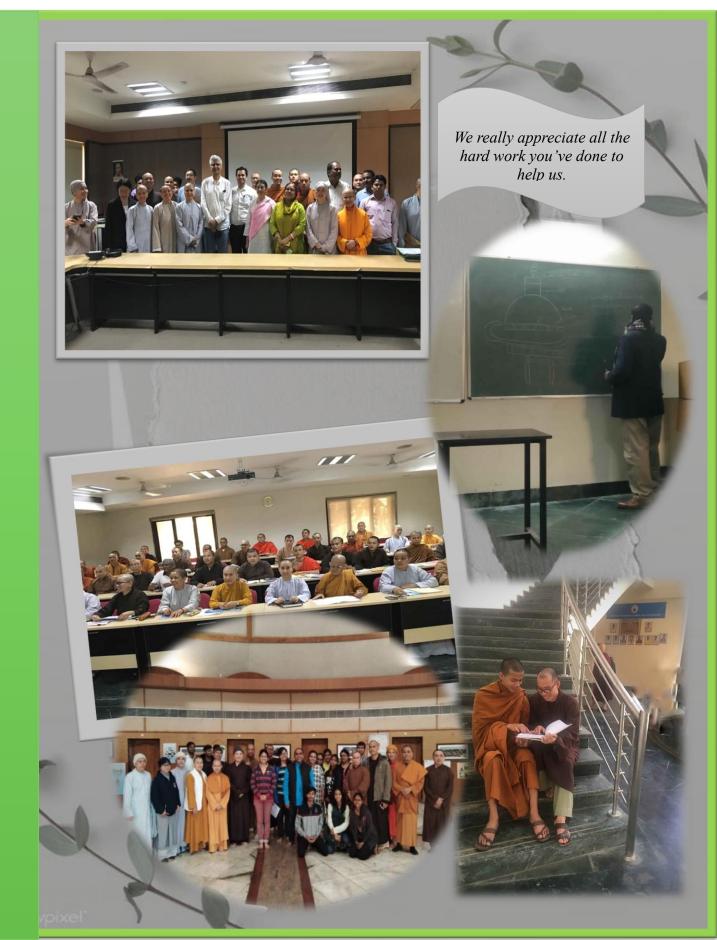


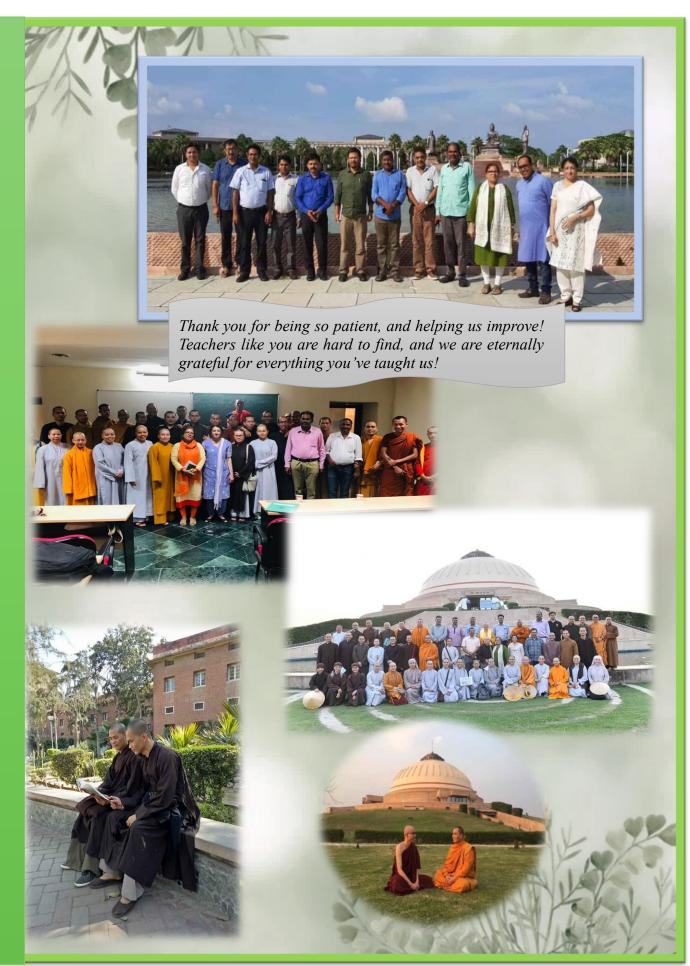
"Cherish the time you have, and the memories you share...being friends with someone is not an opportunity but a sweet responsibility."

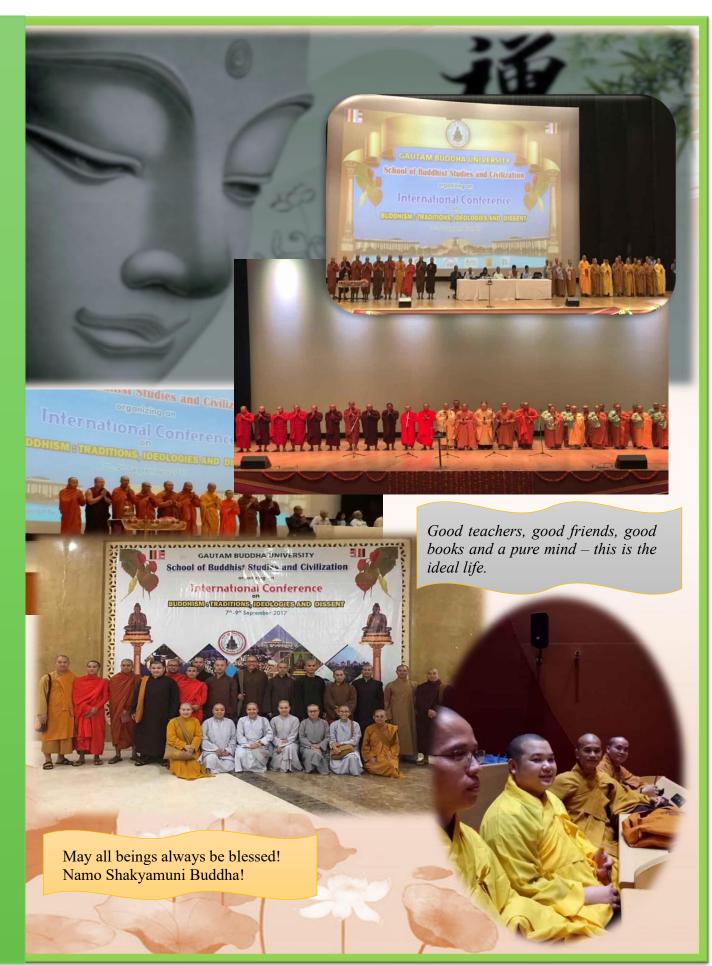








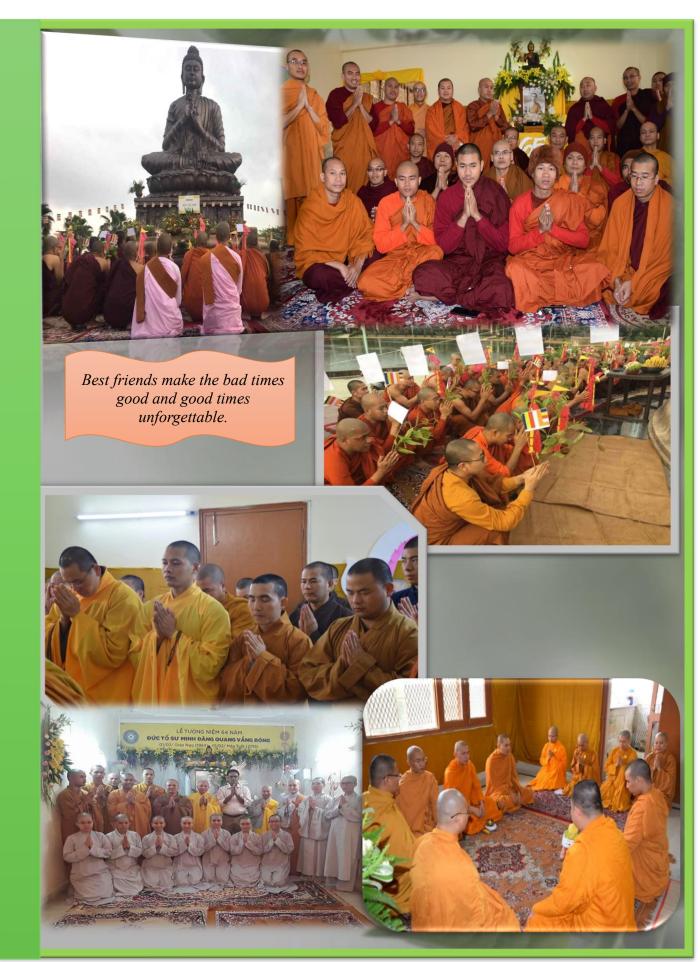


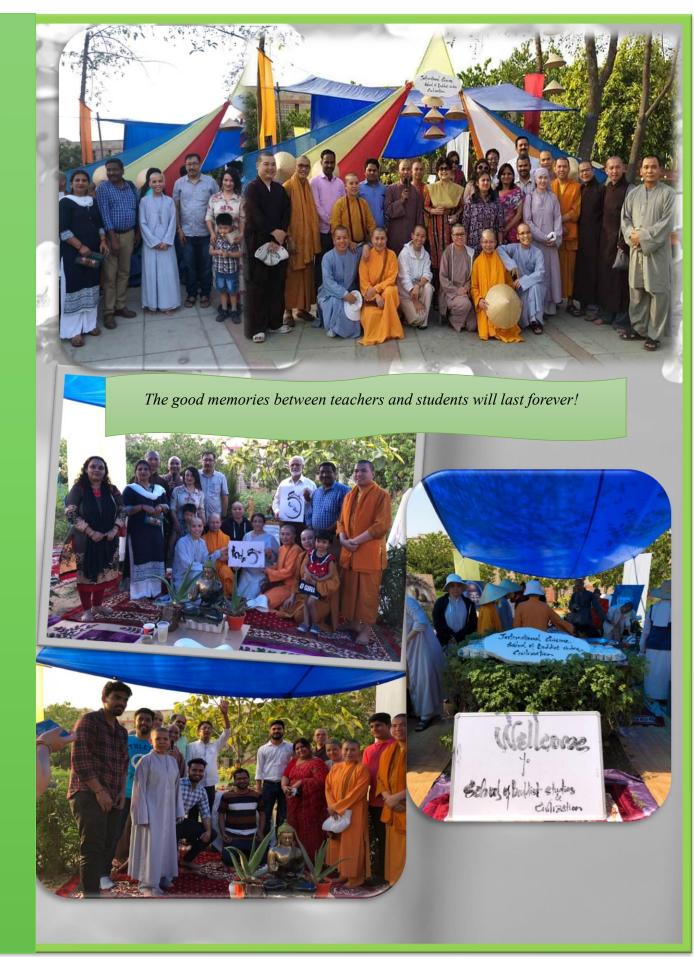


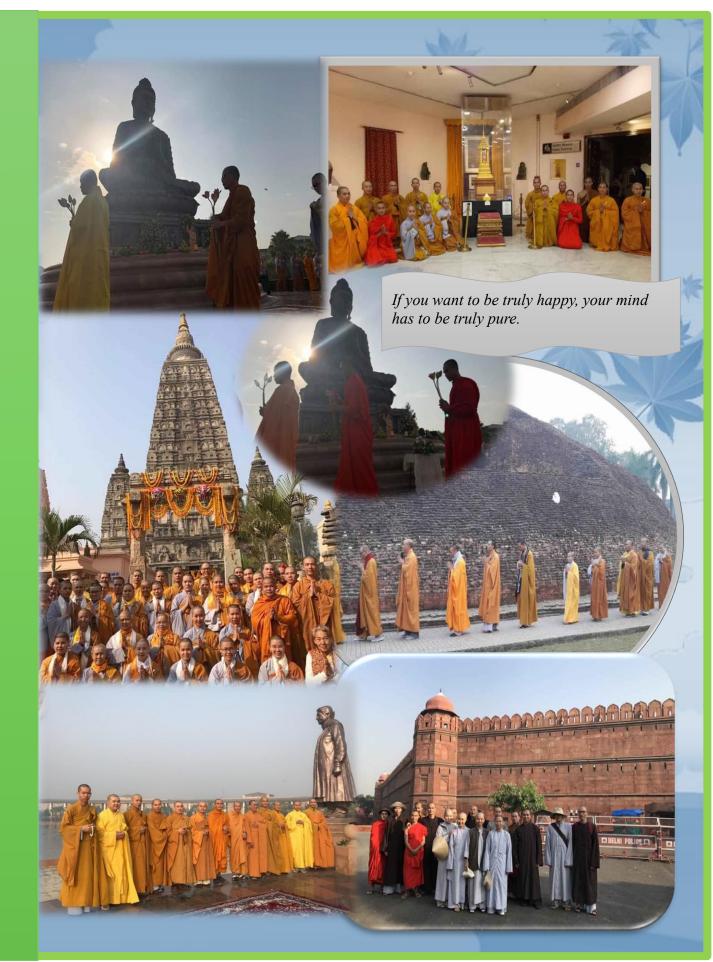


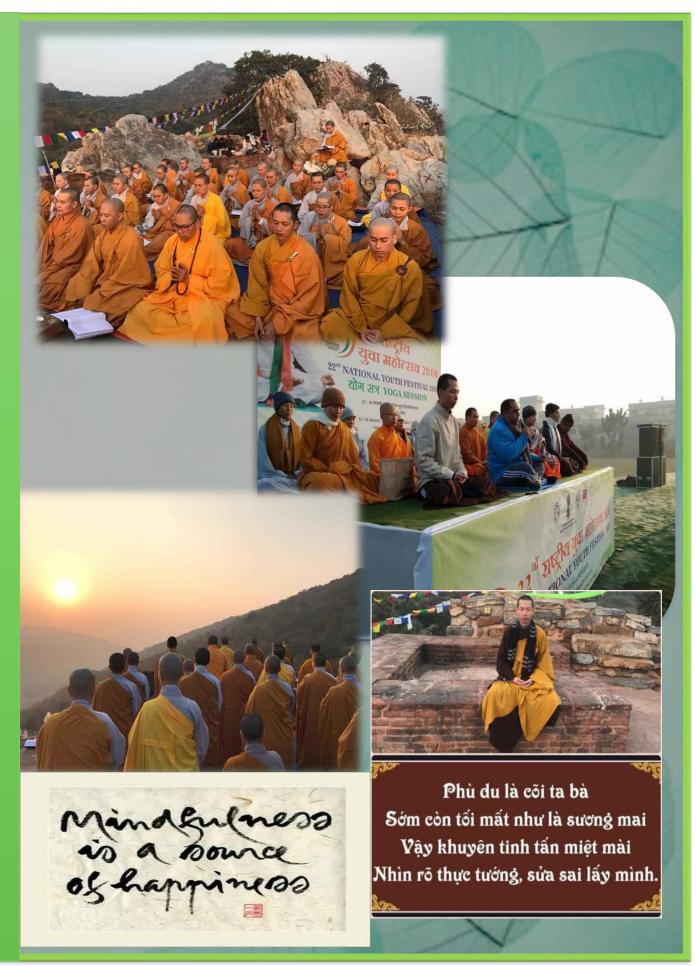


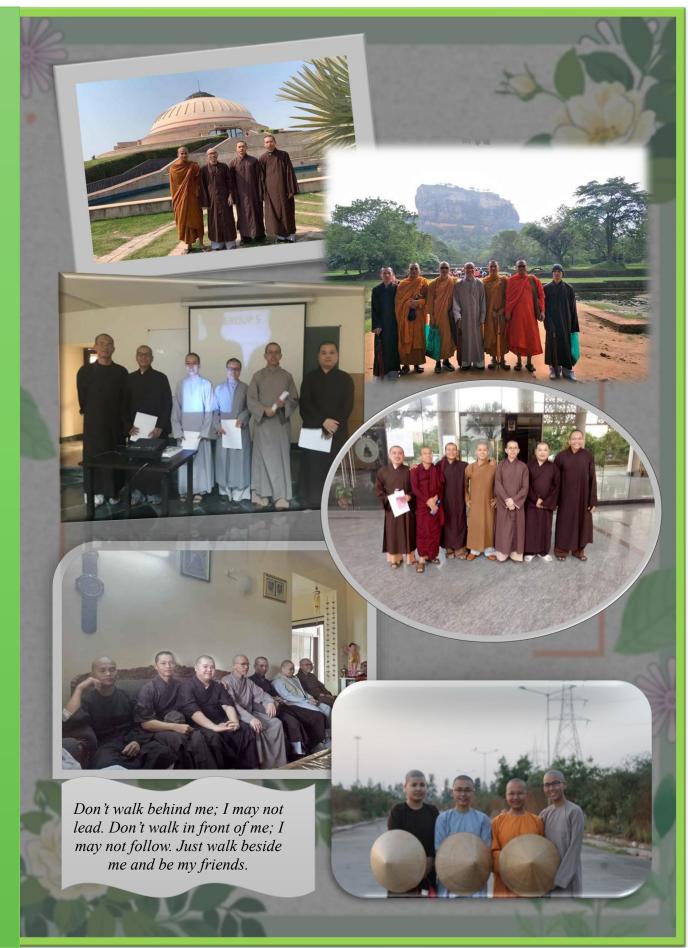


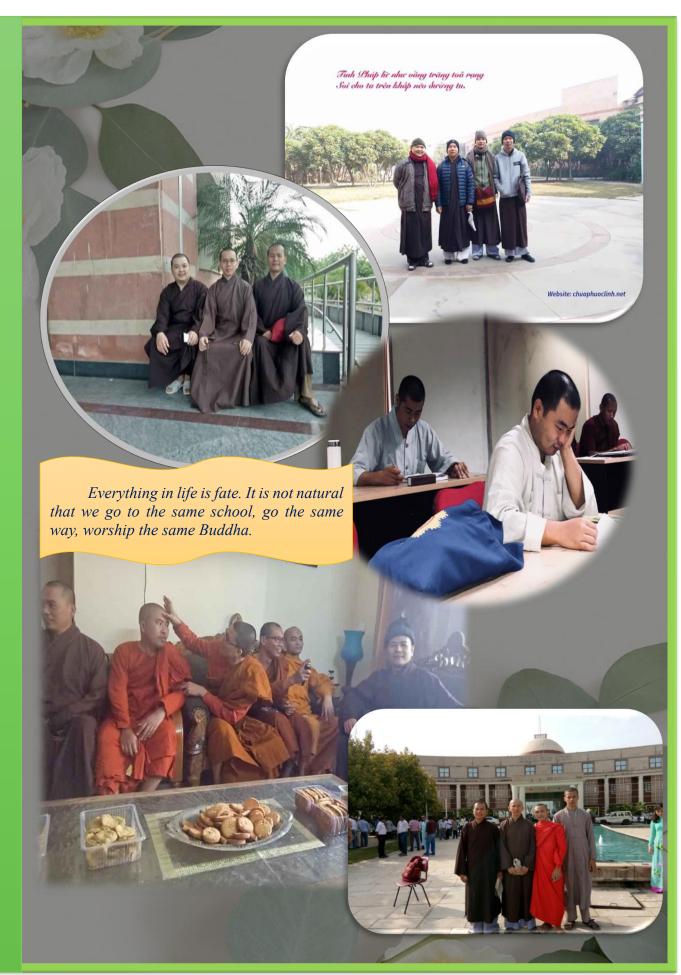
















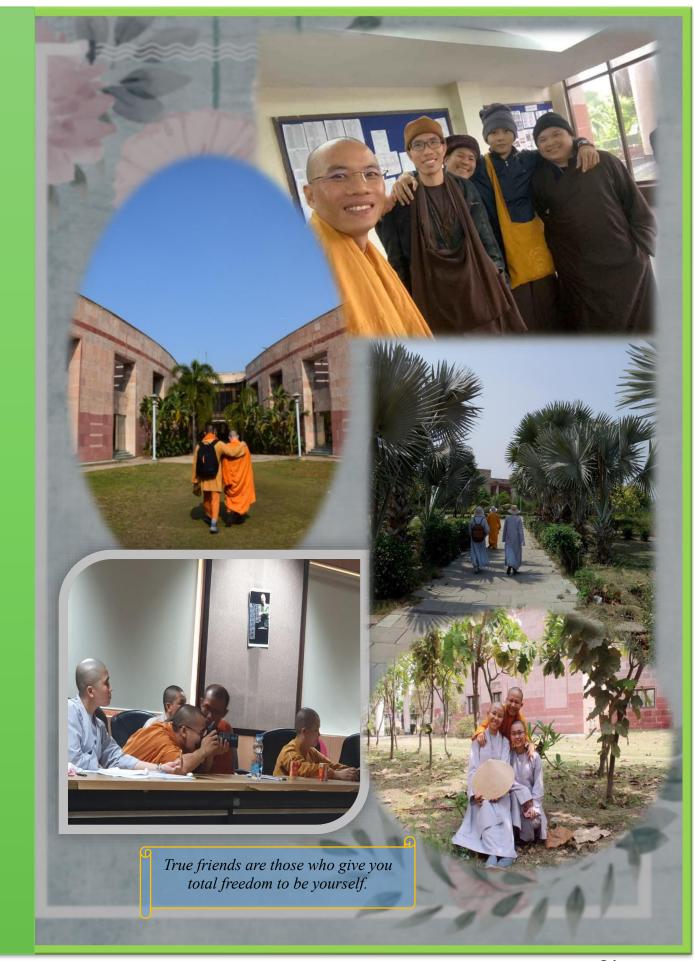


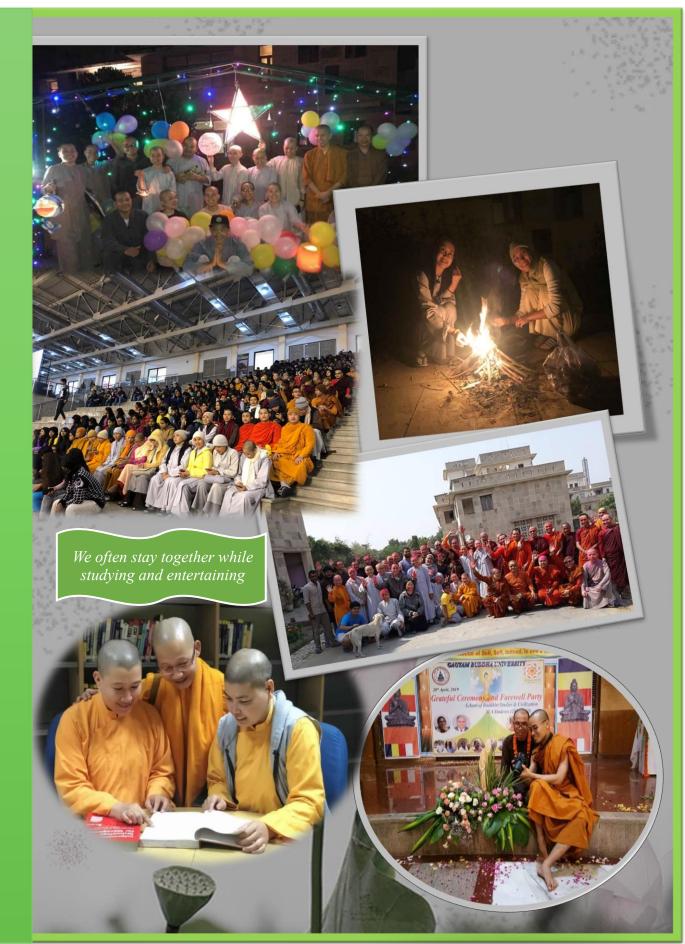














It was a unique Grateful Ceremony cum farewell party...We are always proud of our students not only for their sincerity, loyalty and intellectuality, but also for their creative activity... through this celebration again they have shown their great creative activity...

From the student life the day of farewell celebration always brings sorrow in our heart but it is also true that it is a beginning of new journey for tomorrow...

And teacher & students' relation is a never-ending bond because teacher life is always engaged with teaching and waiting for the success of students...the success of students is an achievement to a devoted teacher...

So, my dear students, we will always miss your presence but we always pray to the Lord Buddha for your big success in future...

(Dr. Priyadarsini Mitra)











Grateful Ceremony Cum Farewell Party of MA Batch 2017 – 2019 & M.Phil. Batch 2018 – 2019!

Though I won't believe in Giving or extending farewell to anybody because for me all are my extended family. There is no farewell in family!!! My style of farewell is: #Goodbye for now! # See you again! # Take care! # Keep in touch!

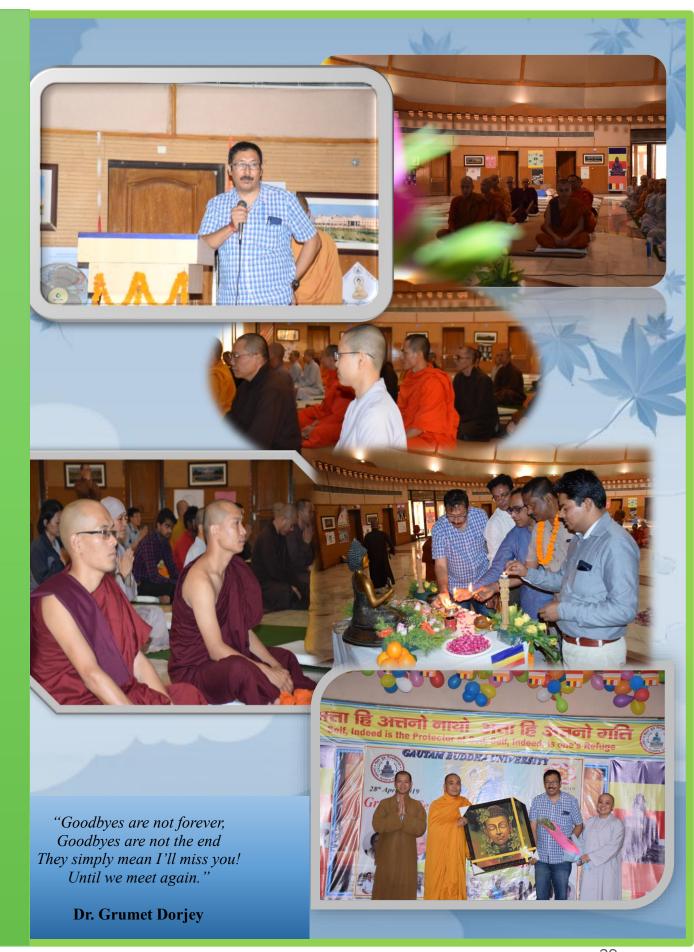
Remember my word, # Never say Goodbye!!!

Keeping what you all are doing... Keep improving as ever! For you people sky is limit!!!

(Dr. Arvind Kumar Singh)



Pāli language & literature have the great values in Buddhism, and this value is expressed through profound teachings, recognizing the feeling of happiness and fulfillment of Buddha's reality. It is as if the person walking in the dark meets the lights, like a poor person meets a treasure. Teaching and learning Pāli language as well as Pāli literature is very important in preserving and spreading the Theravada Buddhist scriptures. Thank you so much, Dr. Gyanaditya Shakya and Dr. Priyasen Singh help us knowledge of Pāli subject!





Dr. Manish T. Meshram explained devotedly to us in the lessons. Through the lectures of the professor, we deeply understand the teachings of the Buddha and expand our knowledge of Buddhism in India also had a period of development with the active contribution of Dr. Ambedkar. Besides that, Dr. Manish also instructed us to meditate and interview about meditation. It is truly peaceful and beneficial to the body and mind when we practice mindfulness meditation. Thank you so much, Sir!



We are fortunate enough to have maximum Buddhist students in any of the Indian Universities. They not only show the been interest in theoretical study of Buddhism but also take interest in the practical aspects of socially Engaged Buddhism. I wish success for them in their spiritual and academic life. May Lord Buddha wish them success!

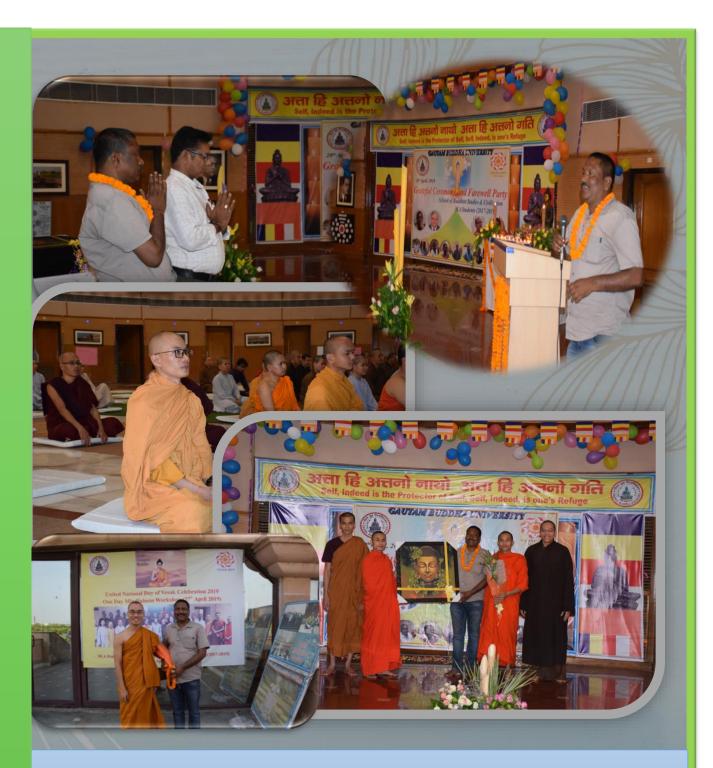
Yours in Dhamma Priyasen Singh



Dr. Indu Girish and Dr. Priyadarsini Mitra have really enlightened us the knowledge of system of Mahayana scriptures, especially in accordance with Buddhist Hybrid Sanskrit language and literature. Sanskrit language and literature. Through two madams we have learned greatly general ideas about another important doctrine and theory in Buddhism along with early Buddhism. We can not forget those days when Dr. Indu Girish who got a serious sickness was still in the classes with us due to a heartfelt reason of a fact that she feel better in her health when she sees the students, to share all her knowledges with deep dedication to all of us. It is really emotional feeling to be her student ever.

(Phan Anh Duoc)





Dr. Chandrashekhar Paswan is a simple style teacher. We like his lessons on Archeology and the history of Indian Buddhism as well as the Theravada Buddhist countries. It's easy to gain knowledge through drawings on the board with his chalk. We really appreciate it! We used to answer his questions by drawing. And we got good mark. Really interesting! We always want to tell him that "Thank you so much, Sir!



Dr. Sivasai enlightened us with knowledge about the various sects and aspects of Buddhism. He has a punctual schedule. His teaching method is very friendly and takes care of our questions. We are very grateful and thank him!

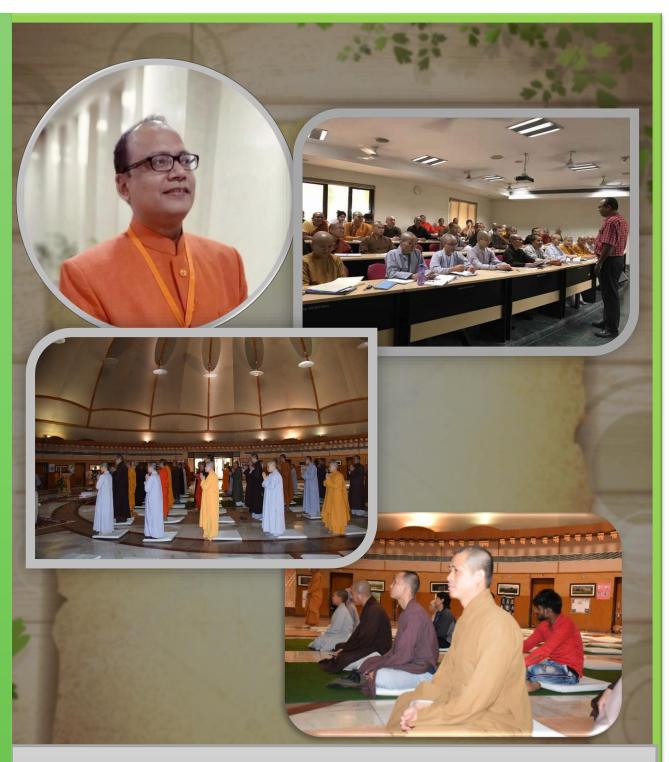




I am delighted to know that the M.A. Buddhist Students of the batch 2017-19 are graduating this year after two years of their perseverance and hard work. It has been a wonderful experience teaching them and watching them grow in their field of expertise. I am touched by their positivity, quest for knowledge and politeness during my associations with them. I pray for their success, contentment and harmony in their life. I wish them good luck!

(Dr. Om Prakash)

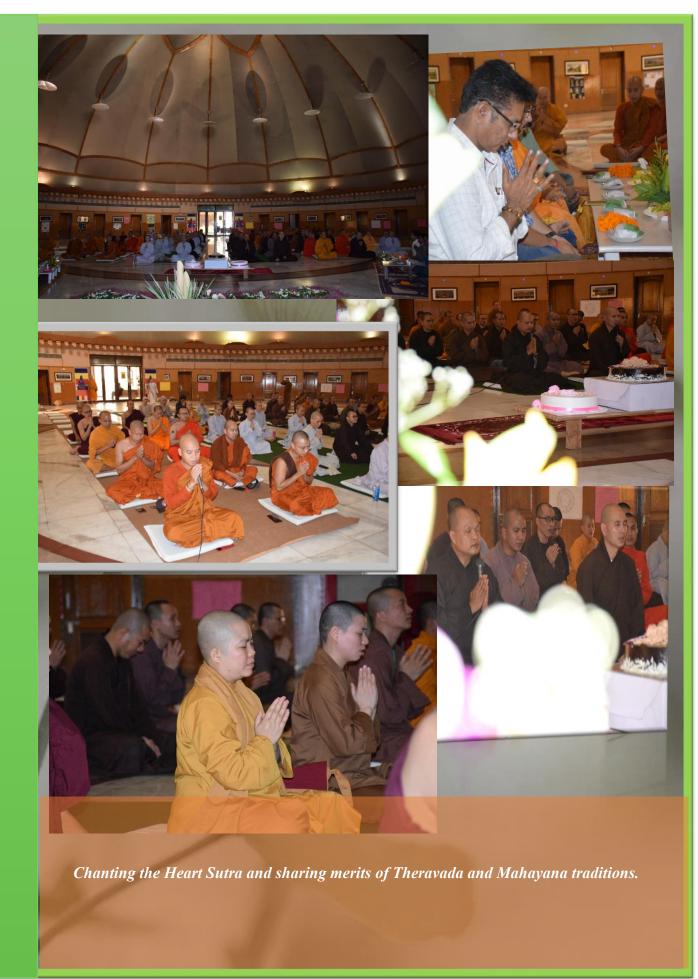
Dr. Om Prakash has a warm and clear, gentle voice. He taught us how to use languages and literature in reports. This has helped us improve our writing skills. We are always grateful to him! (Tran Thi Hien Hoa)

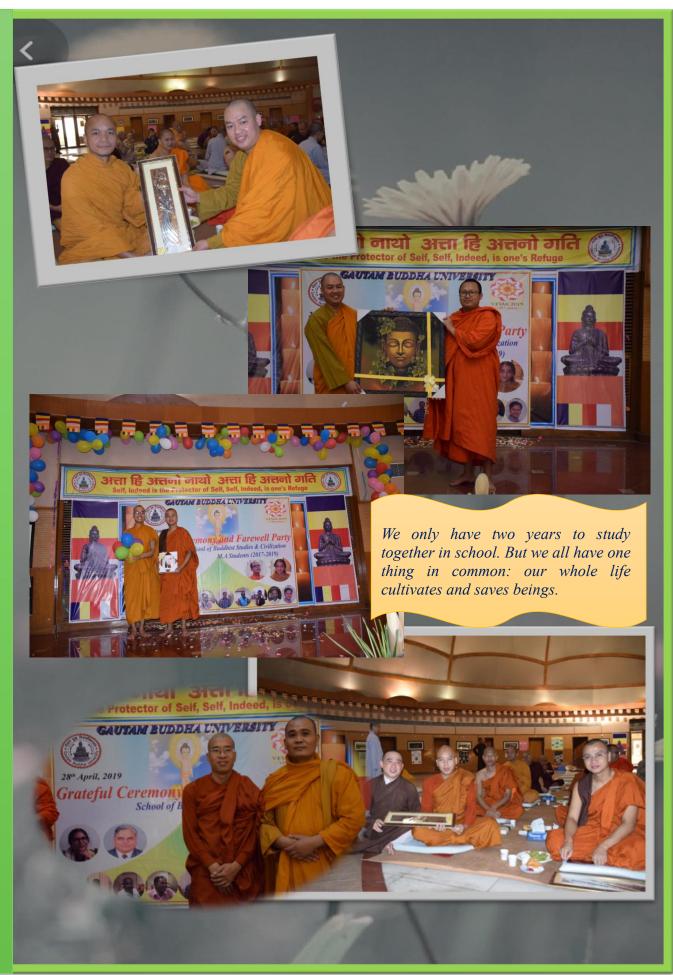


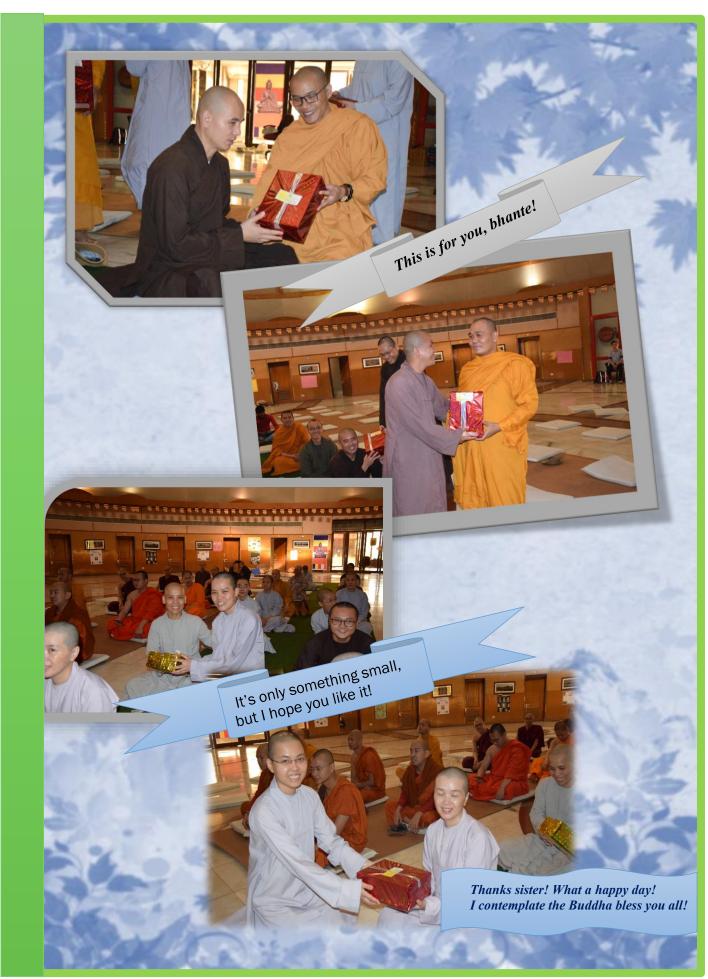
Dr. Anand Singh was our former Dean. We never forget the lessons under his guidance. He helped us expand the Indus valley culture. It was really necessary for us to study the civilization of the Ganges and ancient Indians. We are very grateful to him! And we always keep in touch with him to learn.

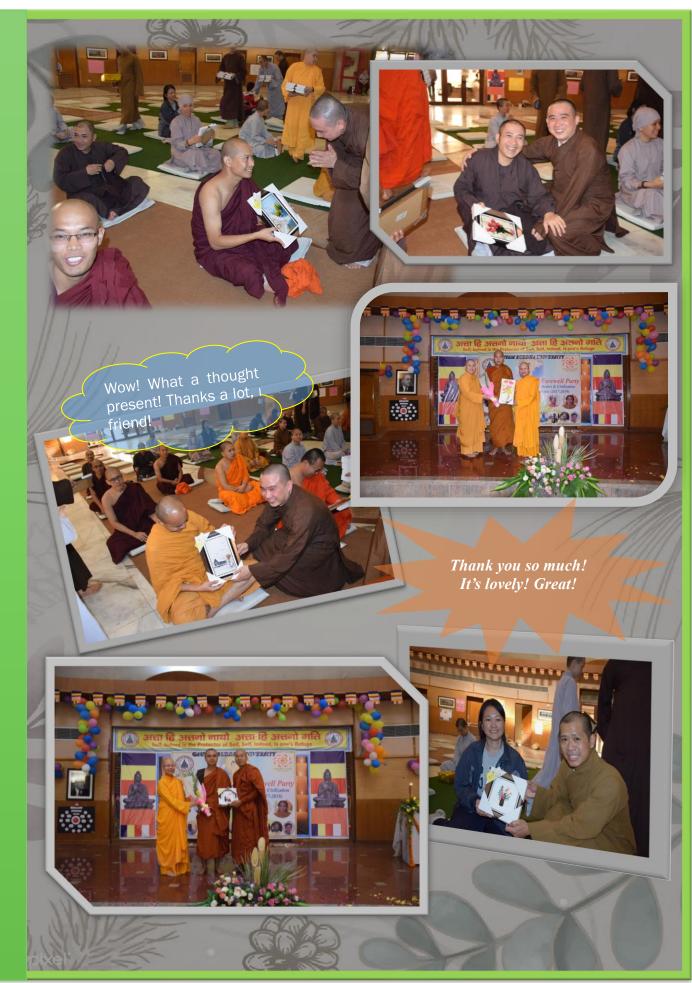


Mr. Vikram is a thesis guide professor for our class. Although we have not had the chance to attend his class yet, he still happily accepted the invitation and came to attend the gratitude party with our class. We appreciate him! He shared and encouraged the spirit of learning and research for us! We are thankful to him!

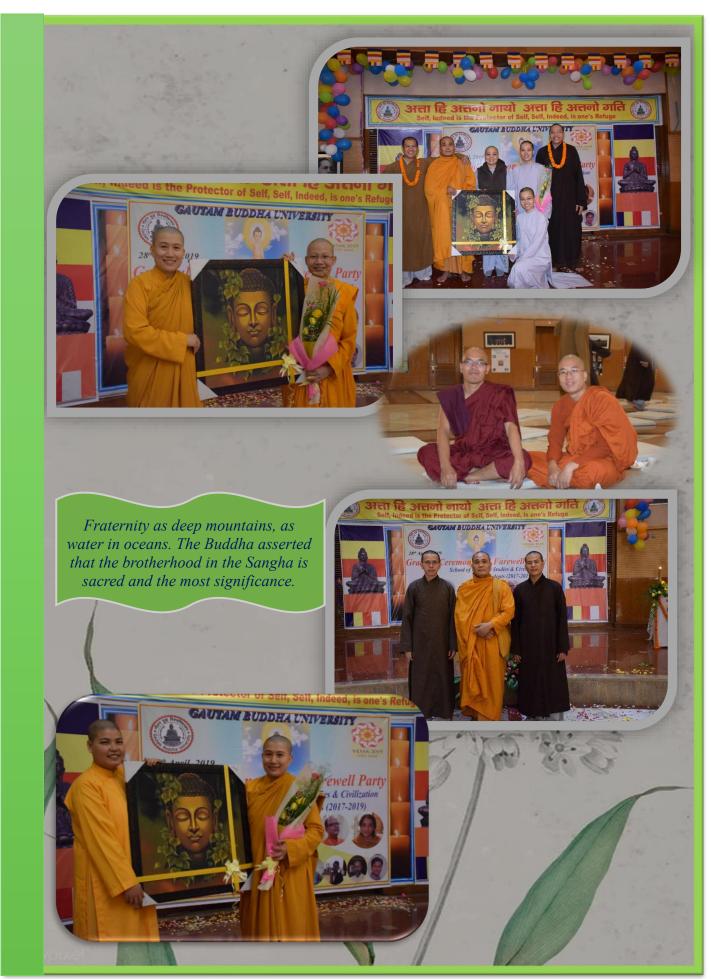
















Great thanks to the Teachers and Dhamma brothers and sisters of Ph.D. class, M.Phil., MA.1 came from India, Myanmar, Thailand, Laos, Cambodia, Korea, Vietnam joined our party on the Grateful Ceremony and Farewell

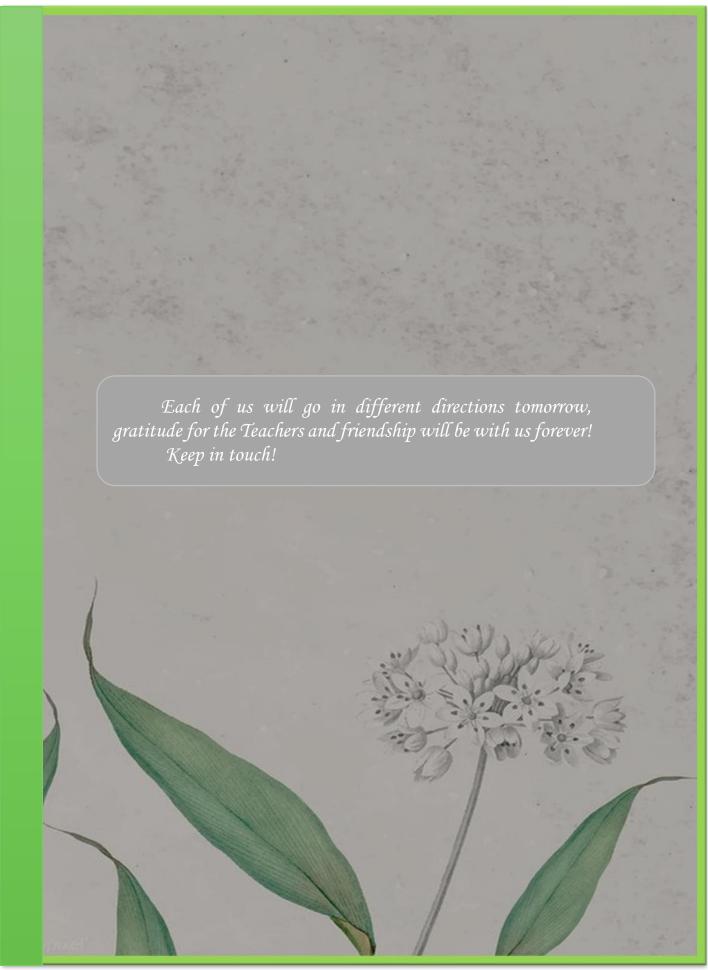
School of Buddhist Studies & Civilization

M.A. Buddhist Students (2017-2019

28th April 2019

May all of us be blessed!

May our teachers and students of SoBSC always be happy and peaceful in life!





DR. PRIYADARSINI MITRA

Designation: Head & Assistant Professor

Area: Buddhist Studies

School: School of Buddhist studies & civilization

Qualifications: Ph.D. in Buddhist Studies, M.A. in Comparative Religion, M.A. in

Philosophy, B.A (Hons) in Comparative Religion, Post Doctorate (to be

submitted in March'2012) in Buddhist Philosophy

Teaching Areas: Buddhist Philosophy, Buddhist Ethics, Indian Philosophy, Philosophy of

Religion, World Religions, Chinese Philosophy& Religion, Engaged

Buddhism

Research: Comparative Religion, Buddhist Philosophy & Ethics Religious Text,

Women Studies, Indian Philosophy.

E-Mail: priyadarsini@gbu.ac.in; Priyamitra20@rediffmail.com

WhatsApp: 08826405590

Blog: <a href="http://www.priyadarsinimitra.blogspot.com">http://www.priyadarsinimitra.blogspot.com</a>

**Dr. Priyadarsini Mitra** is a head and an assistant professor of Buddhist Studies and Civilization. Her core subjects are philosophy and Comparative Religion. Creative writing is her passion. Teaching is her profession. Her passion and profession both are base on ethical and philosophical vision. This vision is the path for spiritual mission. She wants to rectify our society through her moral perception. She has written so many articles and book chapters from ethical and philosophical perception. She loves to write on philosophy of life, Ethics of life and reality of life for betterment of society's condition.

She has interest on creative writing, book reading, learning, singing and deeply observing of all character's action.



Designation: Assistant Professor Area: Buddhist Studies

School: School of Buddhist studies & civilization

Qualifications: M.A., M. Phil. & PhD.

Teaching Areas: History of Buddhism in India and Abroad, Buddhist

Ethics & Engaged Buddhism

Research: History of Buddhism in India and Abroad, Buddhist

Ethics & Engage Buddhism

Date of Birth: 29-05-1973

Designation: Professor & Director International Affairs

Name of School: Buddhist Studies & Civilization
Phone No: +91-8130117721/8383860546
Viber: 8130117721/838386546

E-mail: <u>arvindbantu@yahoo.co.in/aksinghdu@gmail.com</u>
Address: A-28, Type-VI, Gautam Buddha University, Greater

Noida, Gautam Buddha Nagar, Uttar Pradesh

**Dr. Arvind Kumar Singh** has spent his early life in the spiritual ambiance of Bodhi-Gaya (Bihar), the place of the Buddha's Enlightenment. Currently he has been teaching in the capacity of *Assistant Professor & Head* at School of Buddhist Studies and Civilization, and also Director, International Affairs, Gautam Buddha University, Greater Noida, Uttar Pradesh (India). Before joining Gautam Buddha University, he has worked at the Department of Buddhist Studies, University of Delhi for almost six years where he has edited the journal of Department of Buddhist Studies named *Buddhist Studies*, Volumes XXVII to XXIX. At University of Delhi, he has played an important role in organizing four International and one National Conference of Buddhist apart from inviting Buddhist scholars for special lectures and one day workshops on various aspects of Buddhism. Again, at Gautam Buddha University organized two International conference on *Introspection on Buddhist Tradition in September 2012* in association with Indian Council for Cultural Relations, New Delhi and Indian Council for Historical Research, New Delhi in which more than 60 International scholars have participated and again in 2017 on *Buddhism: Traditions, Ideologies and Dissent* in association with ICCR, ICPR, ICSSR, Indo Sri Lanka Foundation, etc.

He has written five books on Buddhism, more than 50 research papers published in India and abroad. His area of specializations is Buddhist History (Indian and Abroad), Applied Buddhism, Buddhist Ethics, Engaged Buddhism, Buddhist Personalities, Buddhist Places, etc. He has also presented his research papers on numerous occasions on different aspects of Buddhism from time to time in various seminars and conferences of national and international repute in India and abroad viz. UNDV Conference in Hanoi, Vietnam (2008,2014 & 2019), UNDV Conference in Bangkok, Thailand from 2009 to 2011, 2015 & 2018, Taiwan in 2011 (December as ICCR Delegate) and Ho Chi Minh city, Vietnam in 2013 organized by National University of Vietnam and again 2015 to participate in International conference on Buddhism in Mekong Region organized by Vietnam Buddhist Research Institute and Vietnam Buddhist University at HCM city, Vietnam. Also, he has presented a research paper of Buddhism and Peace Conference organized at Sitagu International Buddhist Academy, Sagaing Hills, Mandalay, Myanmar in January 2016 and presented paper at 3<sup>rd</sup> International Conference of Indologists organized by Indian Council for Cultural Relations, MEA, Govt. of India in association with Saint Petersburg State University, Saint Petersburg, Russia in 2018. Recently presented paper at an International Conference on heritage As Soft Power, organized at University of Kelaniya, Sri Lanka in December 26-27, 2019. He was awarded Global Peace Ambassador Award - 2017 by International Buddha Education Institute and Youth Action Committee Uttarakhand, Journalist Bimalendu Barua Peace Arard- 2016 awarded by International Buddha Education Institute (IBEI) and Younker Scientific and Social Sciences Research Foundation (YSSRF) in recognition of devotion, dedication and commitment towards the development of peace and harmony in the society. Recently, he is appointed Member, Academic Advisory Board of Dhammachai International Research Institute (DIRI), New Zealand and Australia.



### DR. GYANADITYA SHAKYA

Designation: Assistant Professor,

Area: Pāli Literature & Language

School: School of Buddhist Studies & Civilization,
Qualifications: M. A (PāLi & Prakrit), M.Phil. & Ph.D

Teaching Areas: Pāli Language & Literature

Research: Pāli Kavya-Granthon Ki Sahityika Samiksha (Dasavin Sadin Se

Pandrahavin Sadi Taka Rachita Pali Kavya-Sahitya) (Literary Review of Pali Poetic Works: From 10<sup>th</sup> to 15<sup>th</sup> Century) and Brahma-Vihara Bhavana: Adhunika Sandharbha Mein (Relevance of Brahma-Vihara Bhavana in the Modern

Context).

Consulting Interests: Pāli Language & Literature and Theravada Buddhism.

Address: Gautam Buddha Nagar, Uttar Pradesh, India

Pin Code - 201310

Email: gyanaditya@gbu.ac.in & gyanadityashakya@gmail.com

Mobile No.: +91-09868060572

Dr. Gyanaditya Shakya, the Recipient of Presidential Award & Vividh Puraskar, is a well-known name in the field of Pāli language & literature. He has done M.A. from Nagpur University and M.Phil. & Ph.D. from University of Delhi, Delhi. His thirteen written/translated/edited books like Bauddha Dharma Darshan mein Brahmavihāra Bhāvanā, Jinālankāra, Dāṭhāvaṃsa, Anāgatavamsa, Chakesadhātuvaṃsa, Pañcagatidīpanī, Nāmarūpasamāsa, Anagārika Dharmapāla: the Revivalist of Buddhism, Gandhavaṃsa, Bauddha Dharma ke Punaruddharaka: Tripitakacharya Dr. Bhikshu Dharmarakshit, The Revivalist of Buddhism: Anagārika Dharmapāla and Sangharāja Saraṇankara, Human Values and Buddhist Ethics, and Nāmacāradīpaka have been published. He is selected by Department of Higher Education, Ministry of Human Resource Development, Government of India, New Delhi for the 'Presidential Award of Maharshi Badrayan Vyas Samman' for the year 2017, and He is honored by Hon'ble Vice President of India Shri M. Venkaiah Naidu on 4th April 2019 for the outstanding contribution in the field of Pāli language & literature. In addition to it, his edited & translated book entitled *Nāmarūpasamāsa* is selected by Uttar Pradesh Sanskrit Sansthan, Lucknow for the year 2017, and he is also awarded with 'Vividh Puraskar' by Hon'ble Chief Minister of Uttar Pradesh Shri Yogi Adityanath on 7th February 2018. Currently, he is working as an Assistant Professor in Gautam Buddha University, Greater Noida since 7th December 2011. His area of interest and research is Pāli language & literature.



## DR. INDU GIRISH

Date of Birth: 10 November 1953 Designation: Assistant Professor

Name of School: School of Buddhist Studies & Civilization

Phone No: 9650825503 Email: <u>indug@gbu.ac.in</u>

Address: C-9, Type 5, Residential Complex, Gautam Buddha University,

Greater Noida, Uttar Pradesh - 201312



DR. CH. VENKATA SIVASAI

Designation: Assistant Professor

School: Buddhist Studies and Civilization

Present Organization: Gautama Buddha University, Greater Noida, .U.P

Residence: H No. -5, C Block, Type V, Gautama Buddha University, Greater

Noida, U.P.

Mobile: 81300 84839, 09397605159,

E-mail: <a href="mailto:ncym2030@gmail.com">ncym2030@gmail.com</a>, chintala@gbu.ac.in

Work Experience: 1. Assistant Professor: School of Buddhist Studies & Civilizations,

Gautama Buddha University, Greater Noida, U.P. 5th December,

2011 to till Date

2. Associate Professor, Department of CSS, SO&H, K. L University,

Vaddeswaram July 2009 – December, 2011

3. Principal HMKS & MGSM College of Education (UG & PG),

Kanagala June2007 – June 2009 - 2 Years

4. Head Department of Philosophy, VRS & YRN College, Chirala,

August 1996 – May 2007 – 11 Years



DR. ANAND SINGH

Professor Anand Singh specializes in Buddhist history and archaeology, the origin of Buddhism, its expansion and sects, sacred spaces in the Ganga Valley, ecological consciousness in Buddhism, and studies related to sacred spaces of Sārnāth, and Nālandā. As a researcher, he has been involved in active field research for over twenty years. He served as Dean and Associate Professor, School of Buddhist Studies and Civilization, Gautam Buddha University for approximately seven years and made this School as a leading institution of Buddhist learning in India. He has done a Major Research Project awarded by University Grant Commission and has been fellow of SAARC. He was visiting Professor at the Sanchi University of Buddhist-Indic Studies, Madhya Pradesh and Dhammaduta Chekinda University, Yangon, Myanmar. He has authored Planet, Plants, and Animals: Ecological Paradigms in Buddhism (2018), Buddhism at Sārnāth (2014), Pracheen Bhartiya Dharma (2010), and Tourism in Ancient India (2005). He edited Dāna: Reciprocity and Patronage in Buddhism (2017). This book earned 'Outstanding Academic book on Buddhism' award by Dhammachai International Research Institute, New Zealand. He also received Dr. I.G. Khan Memorial Prize, given by Indian History Congress in 2008 and 2010. He has published 25 peer-reviewed research papers, articles and book chapters.



DR. GURMET DORJEY

Designation:

**Assistant Professor Buddhist Studies** 

Area: School:

School of Buddhist Studies & Civilization

Date of Birth:

22ndSeptember 1974Occupation: Assistant Professor (Buddhist Studies) (Since December 2011 to till, date) School of Buddhist Studies and Civilization, Gautam Buddha University Greater

Noida201308

**Qualification:** 

M.A. Buddhist Studies Ph.D. Buddhist Monasteries of Zanskar: A study in art and Culture. Qualified NET Exam2003 for lectureship

for Buddhism, Janism, Gandhismand Peace Studies

E-mail:

gurmet@gmail.ac.in

Experiences:

2 years 9 months Assistant Professor, Buddhist Studies, Centre of Central Asian Studies, University of Kashmir, Srinagar. From March 2009 to November 2011; Procter Member, Gautam Buddha University; Assistant Coordinator (Admissions), Gautam Buddha University; Dy. Coordinator Examination, Gautam Buddha University; M.Phil. Programme Coordinator, School of Buddhist

Studies and Civilization, Gautam Buddha University

Earlier Dr. Gurmet Dorjey worked as an assistant professor in the School for Buddhist Studies and Civilization at Gautam Buddha University as well as in the Center for Central Asian Studies at the University of Kashmir, Srinagar. Dr. Gurmet Dorjey has been appointed as the new Director of central Institute of Hkmalayan Culture Studies (CIHCS), Dahung in West Kameng district of Arunachal Pradesh in 2020.



#### DR. PRIYA SEN SINGH

Designation: Assistant Professor,
Area: Buddhist Studies

School: School of Buddhist Studies & Civilization,

Qualifications: Ph.D.

Address: 199, Vaishali Enclave, Pitampura, Delhi-110034

E-mail: pssingh@gbu.a.in

Academic: 1.Ph.D. from Delhi University in Buddhist Studies in the year 1988.2.M.Phil.

from Delhi University in Buddhist Studies in the year 1984.3. Acarya from Rashtriya Sanskrit Sansthan, Lucknow in Bauddha Darshan in the year 1990.4. M.A. Buddhist Studies from Delhi University from Department of Buddhist Studies in the year 1983.5. Diploma in Pali Language & Literature from Delhi University from Department of Buddhist Studies in the year 1984.6. Certificate in Pali Language & Literature from Delhi University from

Department of Buddhist Studies in the year 1983.

Teaching Experience: 1. Post-graduate and M.Phil. Courses for Four and Half years as Research

Associate in the Department of Buddhist Studies, Delhi University. 2. Four months as Adhoc-Lecturer in the Deptt. of Buddhist Studies, Delhi University. 3. One Year as Assistant Professor of Buddhist Studies at National Institute of Social Work & Social Sciences, Bhubaneswar, Orissa. 4. Twoyear as Development Officer (Pali) in Rashtriya Sanskrit Sansthan, Deemed University for Pali Certificate Course. 5. More than Two years & Nine months of Post-graduate and M.Phil./Ph.D. Courses as Assistant Professor in Gautam

Buddha University, Greater Noida, Gautam Buddha, U.P.



#### DR. MANISH T. MESHRAM

Designation: Assistant Professor
Area: Buddhist Philosophy

School: School of Buddhist Studies & Civilization

Qualifications: Ph.D. Teaching

Email: <u>manish@gbu.ac.in; manjushreedhihi@gmail.com</u>

Dr. Manish T. Mashram is working as an Assistant Professor in School of Buddhist Studies and Civilization, since 2012 at Gautam Buddha University. He had been total 19 years of Industrial Experience as an Assistant Librarian, in Center for Environment Education, Ahmadabad, Gujarat. He has been six years' experience of research work. He is Faculty Coordinator the course of 'Bodhi Mindfulness Meditation'. Through this course 1200 + Students did gets benefits from mindfulness meditation in GBU campus rom 2013. He teachings have been deeply influential in bringing mindfulness and compassion practice to psychotherapy and stress reduction science. He has been 20 years' experience and practices of different kind of Buddhist meditation. He studied and practicing in different types of Buddhist meditation by expert meditation masters in Triratna Buddhist Community. It is International Buddhist movement. He was ordained into the Triratna Buddhist Order since 2006. Hepublished 34 + Papers, Articles subject on Buddhist Philosophy, Buddhist Meditation and Mindfulness in various Journals. He is engaged Buddhist activist. He did 18 years Dhamma work at Gujarat state. And, currently he is spreading Buddha's teaching and meditation practices among the people nearby Gautam Buddha University, Noida and Greater Noida in Uttar Pradesh. He is the author of three books on Buddhist philosophy and Buddhist Meditation.



## DR. CHANDRASHEKHAR PASWAN

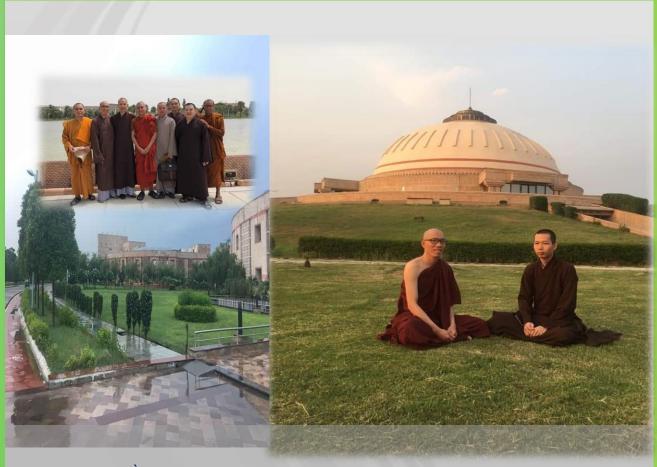
Designation: Assistant Professor

Area: English and Applied Communication
School: School of Humanities & Social Science

Qualification: Ph.D.

E-mail: <u>chandrashekhar@gbu.ac.in</u>





Tháng 5 về!!!

Tháng 5 về, trên khắp nẻo đường bỗng tím ngứt một màu thương. Từng cánh hoa mỏng manh kết hợp hài hòa tạo nên môt không gian bồng bềnh sắc tím. Màu tím ấy đã làm rung động tâm hồn của bao sinh viên thấm đẫm màu mực tinh khôi của thời sinh viên.

Thời sinh viên là một quãng thời gian của tuổi trẻ đầy những hoài bão và ước mơ về một tương lai tươi sáng về tình bạn đẹp đẽ và thơ mộng nhất! Mang cặp đến trường, bước vào lớp và bắt đầu buổi học, cứ lặp lại như thế suốt quãng đời sinh viên, nhưng có biết bao câu chuyện để kể... Theo quy luật của tự nhiên đến rồi đi, lắm lúc vui nhưng rồi cũng có những ngày buồn da diết, đó là khoảnh khắc chia tay.

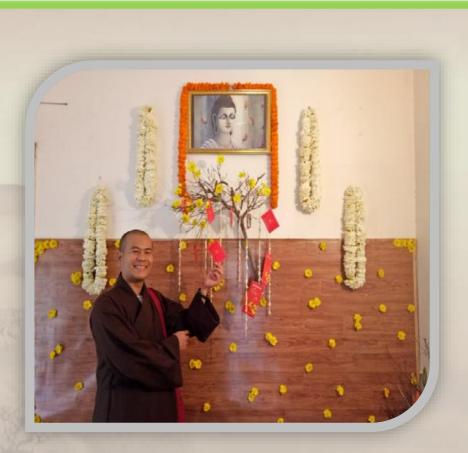
Những tiếng ve kêu nghe đến nao lòng. Và cũng là thời khắc bắt buộc phải chấp nhân: Đây là giây phút cuối cùng tôi và những người ban ở chung ký túc xá.

Mùa xa trường sẽ là mùa hè cuối, mùa hè kết thúc 2 năm M.A cũng là mùa hè dừng lai tại thời điểm này! Tôi bỗng thấy sơ, thấy tiếc nuối một điều gì đó mơ hồ mà trước giờ

chưa từng cảm thấy.

Ngày chia tay sẽ chẳng còn có dịp gặp lại những người bạn thân, sẽ chẳng bao giờ có lại cái không khí của phòng trọ, những buổi đến trường, những buổi chiều đi dạo, đi chợ, cùng nhau nấu cơm... của những buổi đi chơi ngày xưa... những tiếng cười rộn rã ấy làm cho tôi không thể nào quên!

(Thích Chơn Hiệp)



Name: **DO TAN QUANG** 

Registration No.: 17/MABS/001 Buddhist name: Ven. Van Thiện

School: Buddhist and Civilization Program: M.A. in Buddhist Studies

Date of Birth: 28 /11/ 1983

Permanent Address: Bửu Quang temple - Peiku - Gialai - Vietnam.

Email Id: <u>thichvanthien56789@gmail.com</u>
Telephone : +84936394207; +917982830809

If the universe is always rotating, human beings are constantly changing, then liberating suffering is still the eternal topic of the human. Because there is suffering, there is a way to end suffering. The Doctrine of Buddhism is still the source of the wisdom supply for mankind on the journey to find the value of the true, the good and the beautiful.

Do your best! When discussing the problem, try to find the brightest points to act. Not discussion makes the problem fuzzy, unable to work.





Name: Hakmany OUNPHAIVONG

Date of Birth: 5/12/1994 Registration No: 17/MABS/002

School: Buddhist Studies & Civilization

Program: Buddhist

Email ID: <u>Hakoue.phaivong2244@gmail.com</u>
Believe/faith/ideology: CALM IS A SUPER POWER

# **Experience About Buddhist Mediation Practice**

My experience in practice of meditation, I have been practice in various ways such as Sitting, walking, standing, and lying meditations. So I know that Buddhist meditation is important for my life, which is helpful to cultivate and develop my mind for betters.

When I came to study in Gautam Buddha University. In 2 years, I have learned and practice meditation under the Dr. Manish, He taught about 4 steps meditations and 5 steps loving kindness meditations. This meditation is basic and lead to high level of meditations.

In my experience I think Buddhist meditation is important and helpful for daily life and make my mind calm, peaceful, and happy in every situation.

## Feedback about Teaching Methods of Teacher: Dr Manish T. Meshram

I request keep meditation practice more than theory. Because practice is important lead to understanding and realize of real meditations.

## Commitments about meditation practice in daily life.

My commitment to practices meditation, in my daily, I try to practice, sometime 10 minutes per day and I practice mindfulness breathing in everywhere, whatever I do, whatever I go. Mindfulness breathing is easy to do for me.



This is a nice photo with Dr. Chandrashekhar Paswan - my supervisor



Name: SOMSAK OUNPHAIVONG

Registration No.: 17/MABS/003

School: Buddhist Studies & Civilization

Program: M.A

Date of Birth: 14/2/1993 Permanent Address:

Email Id: inounephaivong@gmail.com

Believe/ Faith/ Ideology:

I believe and faith in Oneself indeed is master of oneself,

Which oneself could be perfectly trained oneself.

### **Experience about Buddhist Mediation Practice**

- 1. Vipassana meditation is the one way to enlightened and to understand reality of nature. Which everything condition arising its impermanent suffering and non-self.
- 2. Have mindfulness know according to reality of condition arising on mind and will not

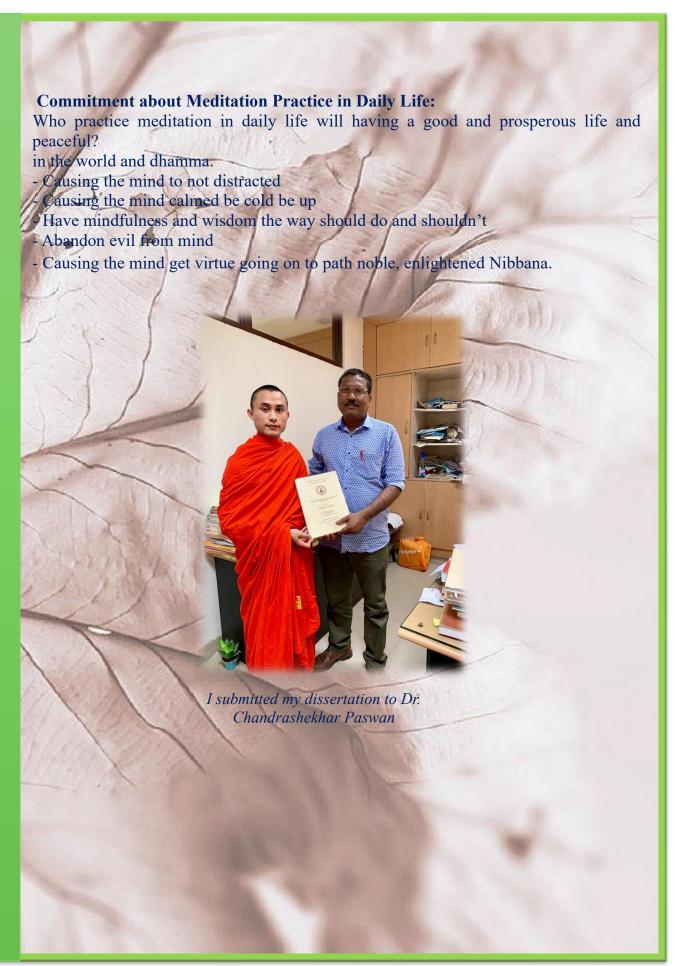
attachment in emotion and ourselves.

3. Absorbed in meditation practice, delighting in the peace of Nibbana mindful, wise

and fully enlightened such men even the gods hold dear, vipassana meditation.

# Feedback About Teaching Methods of Teacher: Dr Manish T. Meshram

- 1. Teacher should be giving knowledge for students. Explain clearly and Motivating to as taught for students
- 2. Teacher should be Cheerful to listeners fun with students
- 3. Teacher should be development knowledge with students





Name: VÕ QUANG VINH

Dhamma Name: THÍCH LỆ QUANG

**Registration No.:** 17/MABS/005

School: Buddhist and Civilization

Program: M.A. In Buddhist Studies

**Date of Birth:** 15/7/1987

Permanent Address: Thiền Bửu temple - Nhơn Ninh - Tân Thạnh - Long An

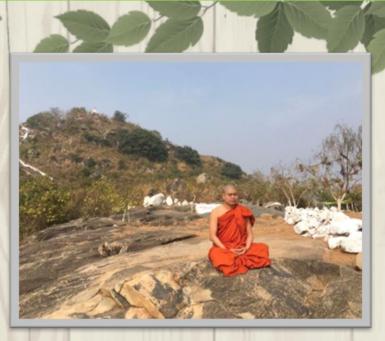
**Telephone:** +91 870-0656285

Email Id: <a href="mailto:lequanglongan@gmail.com">lequanglongan@gmail.com</a>

Facebook: Le Quang

I will never forget what I have had with you, because

"It is a good thing to be rich and a good thing to be strong but It is a better thing to be loved of many friends".



Name: **DHAMMADHARA** 

Registration No: 17/MABS/006 DOB: 05 AUG 1980 Permanent Address: Myanmar

Email ID: <u>kodhammadhara@gmail.com</u>

Contact No: 9560283772

My believe and Ideology:

There is truly wisdom, find out it with the way of the Buddhism. Experience about Buddhist meditation practice.

Buddhist Meditation is important of Buddhism. The Buddha also practiced meditation until gaining Enlightenment, after Enlightenment he taught his way which is meditation with various methods.

We, followers also practice meditation according to the teaching of the Buddha. When we practice meditation, we exactly know ourselves that our three kind of mind which is bad nature will reduce little by little. Immediately, we know ourselves that our good mind will increase little by little.

We can stay with everybody after understanding the nature of mind according to the teaching of the Buddha.





## Feedback about Teaching Methods of Teacher Dr. Manish T. Meshram

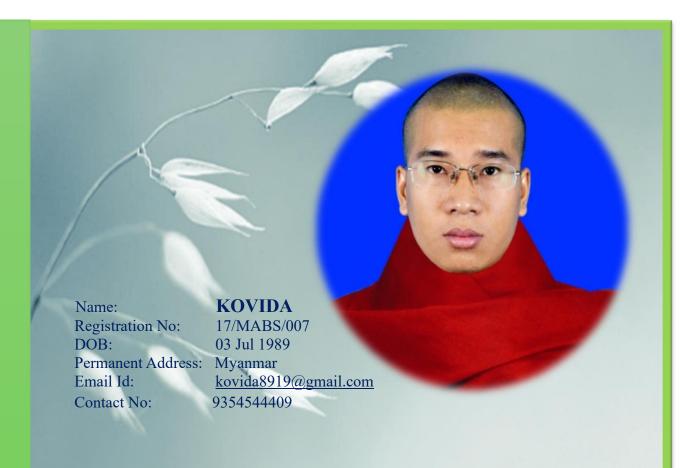
He can give proper method according to the habit of meditator. This is very important in meditation because right meditation methods may quickly help meditator to gain higher wisdom. That is why we can say that he is expert teacher at the meditation.

India is a country which is influence Hinduism. That is why, to listening and learning what the Buddha talk, it is very difficult here. After learning many methods from our teacher, they can share his methods to their followers in their country.

## My commitment about Meditation Practice in Daily Life:

I usually practice the meditation for 15 minutes before going to bed and wake up every day. Meditation is very useful to control our mind. I know only that meditation is making my mind peacefulness and happiness. When I become higher meditator, I hope that I will attain great wisdom. That is why, meditation practicing should be made by everybody.





### My believe Ideology:

There is truly wisdom, find out it with the way of the Buddha.

## **Experience about Buddhist Meditation Practice:**

- 1: Buddhist Meditation Practice is DNA of Buddhism. The Buddha also practiced meditation until gaining Enlightenment, after Enlightenment he taught his way which is meditation with various methods.
- 2: We, followers also practice meditation according to the teaching of the Buddha. When we practice meditation, we exactly know ourselves that our three kinds of mind which is bad nature will reduce little by little. Immediately, we know ourselves that our good mind will increase little by little.
- 3: We can harmoniously stay with everybody after understanding the nature of mind according to the teaching of the Buddha.

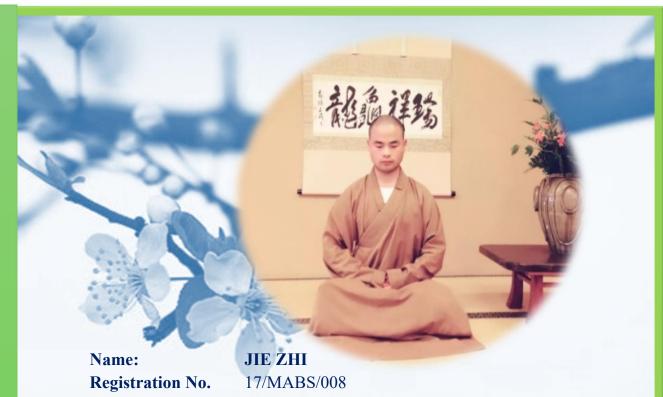
#### Feedback about Teaching Methods of Teacher: Dr Manish T. Meshram

1: He can give proper method according to the habit of meditator. This is very important in meditation because right method may quickly help meditator to gain high wisdom. This is why we can say that he is expert teacher at meditation.

2: India is a country which is influence Hinduism. This is why what Buddhist teachings are listened and learnt is very difficult here. But some people, especially students at GBU, are really lucky because he is a meditation teacher at GBU. After learning many methods from him they can share his methods to their followers in their country. This is why we can say again that this is trying to contribute to develop Buddhist teaching.

## My commitment about Meditation Practice in Daily Life:

I regularly practice meditation for 15 minutes before going to bed every day. I am very beginner in meditation. I know only that meditation is making my mind peacefulness and happiness. When I become higher meditator, I hope that I will attain great wisdom.



**School:** Buddhist Studies & Civilization

**Program:** MA in Buddhist Studies

**Date of Birth:** 20.11.1989

Permanent Address: China

Email Id: puyoung678@gmail.com

## My ideology:

My believe and faith are Buddha and his teaching so my ideology is simple which is to follow and practice the teaching of Buddha.

## **Experience about Buddhist Mediation Practice**

I think Vipassana meditation is a skill that every Buddhist must have. Vipassana meditation is a very quiet moment, able to know yourself and observe yourself.

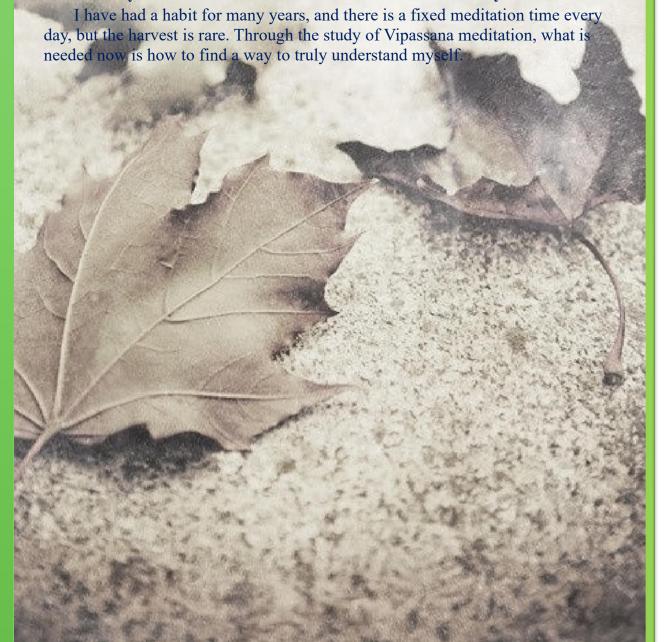
Feedback about Teaching Methods of Teacher: Dr Manish T. Meshram

In Buddhist meditation, Ānāpānasati is essential way to cultivate for concentration. Our teacher gave us to this meditation method and also body posture. So, I'm very happy and full of my whish when I meet our teacher.

I respond positively and remember the experience about what is being learned in a confident manner.

A balance between not wanting to hurt my feelings and providing proper encouragement is essential. Finally, I would like to thank the teacher for the meditation guidance given in the past two years.

## My Commitment About Meditation Practice in Daily Life:





Name: YUWENTAO Registration No. 17/MABS/009

School: Buddhist and Civilization
Program: M.A. in Buddhist Studies

Date of Birth: 15/09/1986
Permanent Address: China

Email Id: daoshan1986@gmail.com

## My Believe/ Faith/ Ideology:

Beliefs are a basic component of the everyday human experience.

## **Experience About Buddhist Mediation Practice**

Improved ability to remain calm and balanced in the presence of conflict and intense emotions.

Greater willingness to move beyond superficiality in conversation and move into the heart of whatever is of working effectively.

Expanded sensitivity to the subtle clues given off by the parties, indicating a shift in their thoughts, feelings and attitudes.

# Feedback About Teaching Methods of Teacher: Dr Manish T. Meshram

Students, What year and level. What have they experienced and covered so far, what knowledge and skills should they have, what will they be going to do later in the course?

Learning outcomes. What exactly do I want students to be able to do by the end of this teaching episode?

Content. What information do the students need to gain and or what skills do they need to practice and or what experiences do they need to have in order to attain the outcomes I have listed.

### My Commitment About Meditation Practice in Daily Life:

As a Buddhist, I must keep meditation every day, and meditation is the way to becoming a Buddha. So, I will keep a meditation for a certain time every day. Thinking Dharma. Follow the Buddha.



Name by Parents: **DINH VAN BAO** 

Dhamma name: VEN. NGUYEN DINH

Registration No.: 17/MABS/010

School: Buddhist and Civilization Program: M.A. in Buddhist Studies

Date of Birth: 24/09/1985

Permanent Address: Mai Son Vinh An Pagoda, Vinh An

Town, Vinh Cuu District, Dong Nai

Province, Vietnam.

Email Id: <u>dinhanhbao1@gmail.com</u>

Mobile : 0978 425 549

"If you want to get peace, you must first be mindfulness."



Name: PHAN THI HOA

Dhamma name: THICH NU MINH LIEN

Registration No: 17/MABS/011

School: Buddhist Studies & Civilization

Date of birth: 14 July 1982

Permanent address: Tinh Đức Temple, Bình Sơn, Long Thành district,

Đồng Nai province.

Telephone: +84

Email: <u>minhlien140782@gmail.com</u>

"Understanding someone's suffering is the best gift you can give another person.

Understanding is love's other name. If you don't understand, you can't love."



NGUYỄN THỊ TỐT Name: THÍCH NỮ LIÊN TRÚC Dhamma name:

Registration No.: 17/MABS/012

**Buddhist and Civilization** School: Program: M.A. in Buddhist Studies

Date of Birth: 07 January 1990

Ngọc Lương nunnery - Phan Thiết - Bình Thuận Permanent Address:

+84982915957 Telephone:

Email Id: thichnulientruc90@gmail.com

Faith:

Doing what you like is freedom. Liking what you do is happiness.

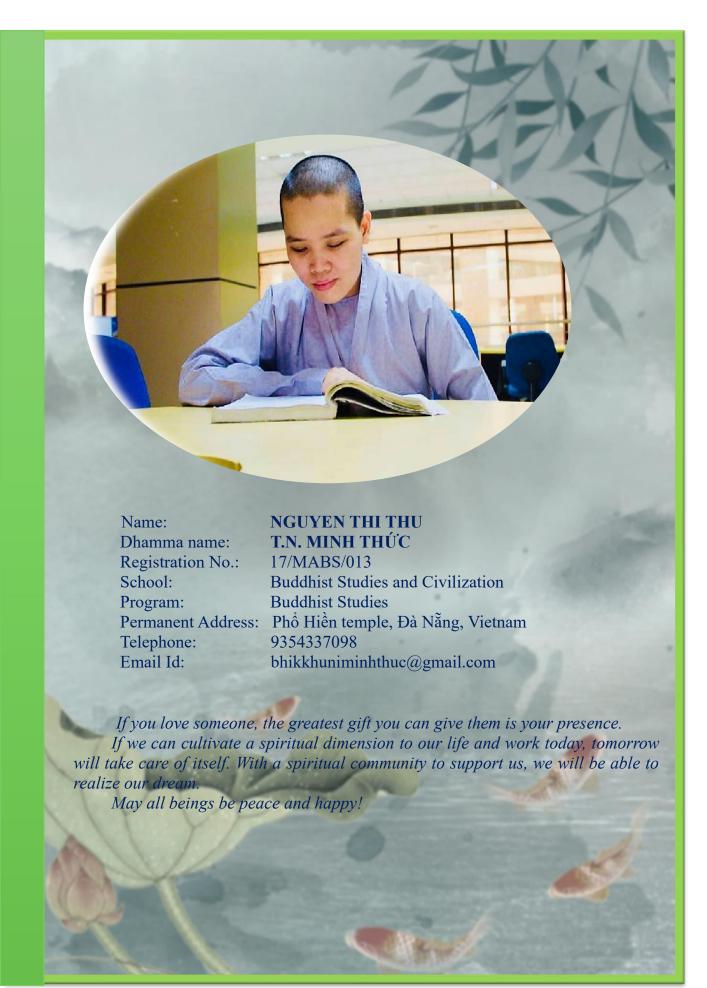
Commitment a few words of heart sharing the heart:

Don't be dismayed at goodbyes, a farewell is necessary before you can meet again and meeting again, after moments or lifetimes, is certain for those who are friends.

Cherish the time you have, and the memories you share... being friends

with someone is not an opportunity but a sweet responsibility.

Never explain; your real friends don't need it, and your enemies won't believe you anyways.





Name: TRẦN NGUYỄN KIM KHÔI

Dhamma name: THÍCH QUANG ĐẠO

Registration No.: 17/MABS/014

School: Buddhist and Civilization
Program: M.A. in Buddhist Studies

Date of Birth: 03/06/1979

Permanent Address: Pháp Bảo temple, Nguyễn văn Khối, P. 11, Q. Gò Vấp

Telephone: +84392235219

Email Id: <u>thichdonglai@gmail.com</u>

# Doing what you like is freedom. Liking what you do is happiness.

A few words of heart sharing the heart.
This earthly realm, a realm of joy and peace.
Only when we nurture, embrace, understand and love each other.
As we always do, for us, for our kids, and for humanity.

Hương người lưu mãi ngàn sau! Thanh lương đức hạnh nhiệm mầu nghĩa ân.





Name: NGUYEN DINH PHUNG
Dhamma Name: THICH DONG NHUAN

Registration No.: 17/MABS/015

School: Buddhist Studies & Civilization

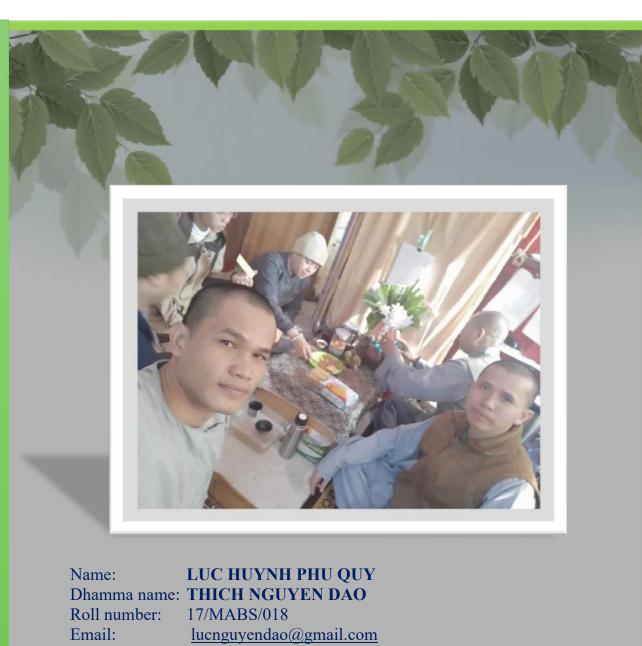
Program: M.A. Buddhist Studies

Date of Birth: 13/03/ 1989
Permanent Adresse: Tu Vien Nguyen Thieu - Tuy Phuoc - Binh Dinh

Email Id: <u>thichdongnhuan@gmail.com</u>

Telephone: + 84986962428

The meaning of life is service. The value of life is dedication.

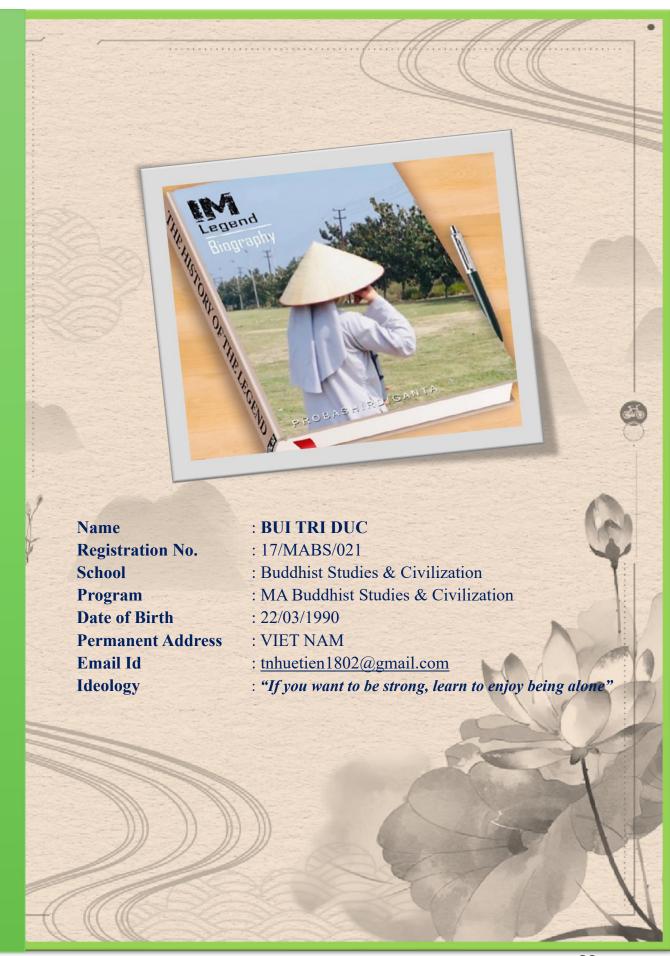


Email:

Tam Bao Pagoda Binh Chanh District, HCM City Address:

MA. Buddhist studies and Civilization Program:

05 February, 1984 Birthday:





NAME: NGUYEN PHUOC DIEN

ROLL NUMBER: 17/MABS/025

SCHOOL: BUDDHIST STUDIES & CIVILIZATION

PROGRAMME: M.A (2017-2019)

COUNTRY: VIETNAM

MONASTERY: ĐẠI QUANG (Binh Chanh – Ho Chi Minh city)

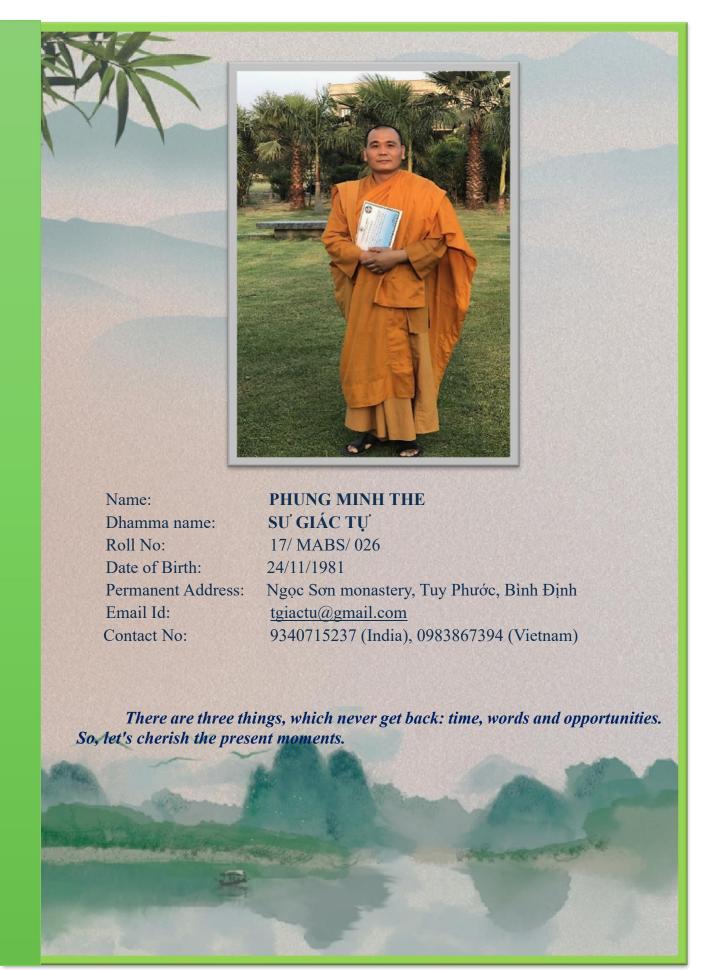
BIRTHDAY: 10.10.1985

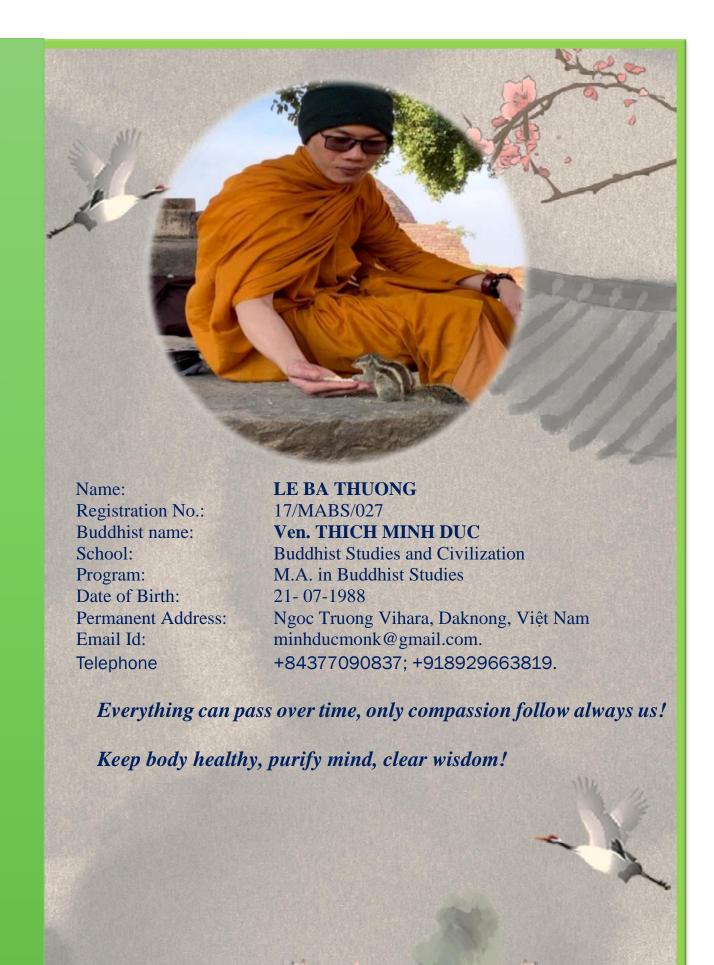
EMAIL: phuocdiep101085@gmail.com

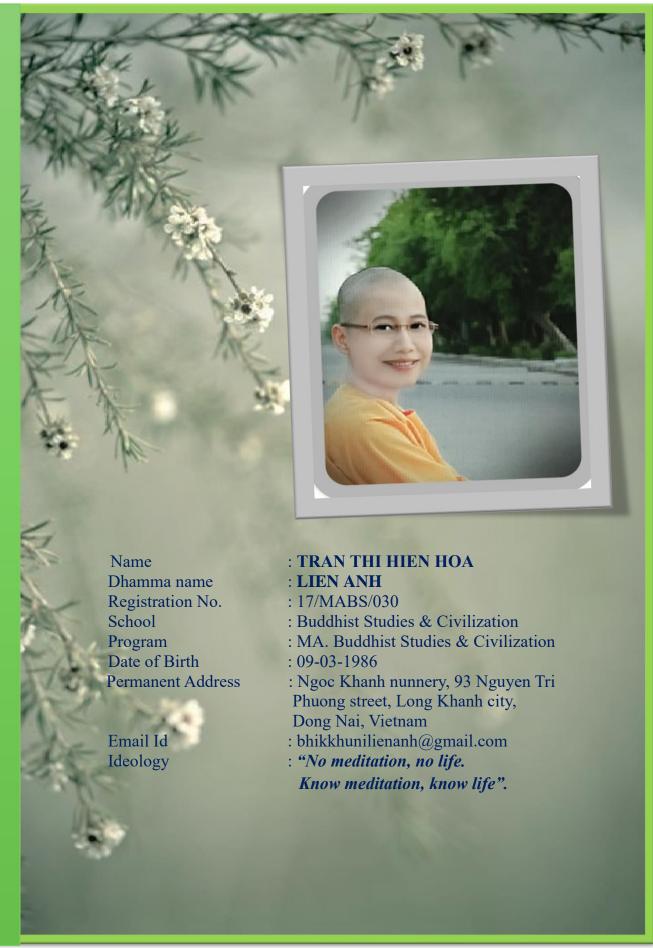
My Ideology: Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment." - The Buddha

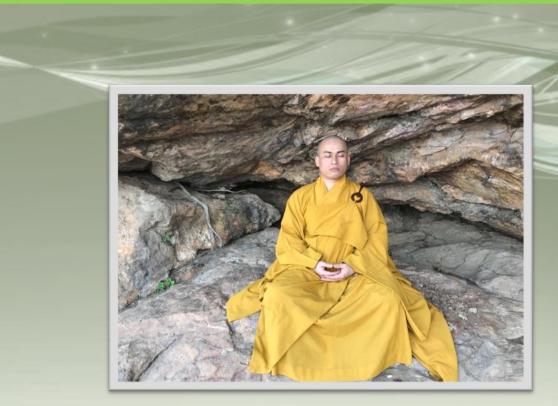
## **Experience about Buddhist Meditation Practice:**

Diligent and sustained practice of mindfulness of breathing and loving-kindness meditation is a fruitful and spiritually fulfilling endeavor that results in an enhanced state of awareness and a transformation of unwholesome mental patterns in one's daily life. Furthermore, the altered states of consciousness to which these practices lead correspond closely to certain of the Jhanas as described in the Pali texts. An important point to note is that the Jhanas are not permanent states which, once arisen, will remain unfluctuating. Persistent diligent, and insightful practice is essential to the consolidation of such positive mental states in one's meditation and life.









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Registration No. : 17/MABS/032

School : Buddhist and Civilization Program : M.A. in Buddhist Studies

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My Believe/ Faith/ Ideology:

"If you truly loved yourself, you could never hurt another."

(Buddha)

## **Experience about Buddhist Mediation Practice**

- 1. I think Through Buddhist meditation, one is able to purify one's mind, overcome mental suffering, and attain the right path by which to live one's life.
- 2. Insight (vipassana) meditation brings the abandoning of ignorance and results in liberation by wisdom, together with "liberation of mind" and "liberation by wisdom" which constitute Arahantship, the final goal.
- 3. The last benefit of practicing meditation is the state of true peace, happiness, and freedom from all suffering which called "Nibbana".

#### Feedback About Teaching Methods of Teacher: Dr Manish T. Meshram

- 1. First of all, please send to the professor the blessing of your health and prayer for Buddha's protection.
- 2. Next, thank you to all the meditation members in the meditation course
- 3. I spent a short period of meditation but was really helpful and valuable to help me understand more about Buddhist meditation. it is because of the meditation teaching of the buddha taught as well as thanks to the good understanding and teaching method of the good mind of the professor.
- 4. finally thank the buddha and everyone.

#### My Commitment about Meditation Practice in Daily Life:

I am a Buddha disciple so I always want to practice meditation when standing, talking, lying and sitting. because buddhism teaches meditation to grow wisdom, there is wisdom to understand buddhism and towards liberation.





Name:

Registration No.

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**DHAMMAPIYA** 

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I believe the Buddha and his teachings such as Dependent Origination which is simple and it completely explains about cause and effect, action and reaction.

## **Experience about Buddhist Mediation Practice**

Meditation is good for both physical and mental health especially in mental. But only Vipasssana meditation can purify mental defilements perfectly.

I am sure Vipassana meditation is the only one way for everybody who want to be free from sufferings completely.

# Feedback about Teaching Methods of Teacher: Dr Manish T. Meshram

In Buddhist meditation, Ānāpānasati is essential way to cultivate for concentration. Our teacher gave us to this meditation method and also body posture. So, I'm very happy and interested in his teaching that makes me fulfilled with a huge power for lifetime.

During these academic periods, I also got a lot of experience from him how to do meditation properly and how to live simply.

Finally, I would like to thank the teacher for the guidance to meditation method and everything given in the past two years.

### **Commitment about Meditation Practice in Daily Life:**

I had experience about daily meditation since I became as a Buddhist monk, but not much. This helps me to get sufficient oxygen and improve blood rotation for my body. And then, it makes my mind gentle and pure. I can easily solve every problem of my life with the help of that meditation. So, we should regularly do meditation practice in our daily life as we can.



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I would like, first of all, to my deep and special thankfulness to my other respected teachers: Dr. Arvind Kumar Singh, Dr. Indu Girish, Dr. Manish Meshram, Dr. Chandrashekhar Paswan, Dr. Chintala Venkat Sivasai, Dr. Priyadarsini Mitra, Dr. Gyanaditya Shakya and Dr. Gurmet Dorjey of the School of Buddhist Studies and Civilization for their valuable advice and affectionate inspiration which encouraged me to finish the study two years here.

Cultivating and studying in India is my greatest happiness, indeed, the two years here have given me many valuable lessons, here I feel like my home, I always peace and happiness while studying here, India is my second home.

I am greatly indebted to my respected master Bhikkhuni Thich Nu Hien Lien, my father Nguyen Thanh Phong and my mother Le Thi Mai for their great helps as well as their constant encouragement and valuable advice.

They created the initial opportunity and conditions for me to embark on this academic pursue in Buddhist Studies.

My heart reaches out to my Brothers and Sisters in Dhamma, Buddhist masters, my friends, my family, laymen and laywomen who have enthusiastically supported me in different areas along the way, tenderly gave me valuable advices and inspiration in order to complete my work during the time of my study in India. My failure to name them all just makes their memory to be engraved deeper in my soul.



# DANH SÁCH QUÝ HUYNH ĐỆ BỔ SUNG SAU

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Name : **DUONG THI KIM UYEN** 

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The Professors and M.A Buddhist students of School of Buddhist Studies and Civilization at Gautam Buddha University (2017 – 2019)



# Gratitude

Very big congratulations to our M.A friends with the batch of 2017 -2019 for a wonderful and heartfelt party on the occasion of grateful ceremony!

Since 2012 with the first batch of MA program in Buddhist Studies to the year of 2019, it is the first time our friends celebrated the Gratitude Day before leaving GBU for another journey of academic career and spiritual life. The party had been happened in a lovely and emotional way. I would like to send big congratulations to our friends of MA second year of this academic session.

It will be a good tradition for our MA students to show their deep gratitude towards teachers, senior dhamma brothers and sisters and all friends at the end of the course. It should be called "Happy Gratitude Day" in our school of Buddhist Studies and Civilization, Gautam Buddha University. As I wish, every Sunday at the end of the month of April every year is "Happy Gratitude Day" in SoBSC when we do not believe in Saying Goodbye of Farewell party. So, we would like to keep this good tradition going on from this year.

Gratitude is a good tradition in Buddhism. The Buddha has emphasized the Four Deep Gratitude. Therefore, whenever and wherever we go, we are missing our home. All faculty members, Dhamma brothers and sisters are like our extended family. So, we will see GBU as the second home and family.

Words failed to say the gratitude to our teachers for enlightening us the knowledge of Buddhism during the time we were staying at GBU.

On this auspicious occasion, I would like to express the gratefulness and thankfulness to our beloved teachers.

First of all, I would like to send my special thanks to Dr. Arvind Singh. Without your help and support, it would be difficult for us to apply for various courses in Buddhist Studies at GBU. It can be said that you are the first supporter for our first step into every ladder of GBU. We are also grateful to you for enlightening us knowledge regarding history of Indian Buddhism, Chinese Buddhism, Term Paper, Book Review... The most impressive thing on you say when we met you for the first time. It is special. But time passing with more mutual understanding, everything is easy for us, even we can understand each other without talking anything, only if necessary, gestures. Thanks Sir very much!

I am not here without my supervisor from MA., MPhil to PhD at GUB, Dr. Gurmet Dorjey. He is ever-compassionate supervisor. It can be said that I am the laziest student to meet supervisor for the research works but he is still compassionate and sympathy to me. Thanks to him, our friends can comprehend Tibetan Buddhism in particular and Vajrayana in general. With the teaching in research methodology of yours, our students are now confident for further research. The most impressive thing in our mind on you is corrected speaking on PowerPoint file. We are sincerely thankful to you Sir.

In the fields of Pali language and literature, I would to show my deep gratitude towards Dr. Gyanadita Shakya and Dr. Priyasen Singh who have enlightened us knowledge of Pali language as well as Pali literature covering two main aspects of Canonical and Post-Canonical Literature. Through it, we have an overview on the original teachings of the Buddha, really close words for cultivation of spiritual path in an individual impact as well as in a social effect.

At the bottom of our heart, the mind with the gratitude is always with us towards Dr. Manish T Meshram for teaching basic and central philosophies of Theravada Buddhism and Navayana Buddhism, especially a positive recognition of meditation practice. Thanks to you, we have an overview from original teachings of Buddha to the new Buddhism in India.

In terms of Mahayana teachings, Dr. Indu Girish and Dr. Priyadarsini Mitra have really enlightened us the knowledge of system of Mahayana scriptures, especially in accordance with Buddhist Hybrid Sanskrit language and literature. Through two madams, we have learned greatly general ideas about another important doctrine and theory in Buddhism. We can not forget those days when Dr. Indu Girish who got a serious sickness was still in the classes with us due to a heartfelt reason of a fact that she sees the students, to share all her knowledge with deep dedication to all of us. It is really emotional feeling to be her students ever.

As for Dr. Priyadarsini Mitra, we are always happy with her in the class for a funny and sweet voice. Whenever we feel sleepy or in any special occasion, she would like to sing a Bengali song with an extremely sweet and beautiful voice so that everybody will be awakened. Thanks to her, we are specialized in Abhidhamma Pitaka with a long list of Dhamma numbers in relation to Citta, Cetasika, Rupa and Nibbana. She is considered as the loveliest teacher in our SoBSC. Many thanks to madam.

I am really impressive on Dr. Paswan's words. It would touch our heart for the teacher-student relationship. He is the gentlest teacher in our school. Without him, it is really difficult for us to understand Buddhist history and archaeology. Special ways of his teachings with are drawing and drawing are much helpful to us for memory of Buddhist sites in the map. He always respects his students. Thank him with metta.

Our faculty members come from different places for Ph.D. accomplishment (University of Delhi, Jammu and Kasmire, Shanti Niketan, Nagarjunar...) from North to South.

We would like to take this great opportunity to send heavy thankfulness to Dr. Sivasai. He has enlightened us the knowledge of various Buddhist sects and aspects of engaged Buddhism. We surely remember his strange but interesting way of teaching in the classes. He is unique for his style; we love him so much for the kind seech and the true sympathy.

I still miss our former Dean, Dr. Anand Singh, Dr. Mukesh Verma and Dr. Sangeeta though they are not in our school because as words form Dr. Arvind Kumar Singh and Dr. Gurmet Dorjey that we are extended family. We are together in the present moment. I also won't believe in giving farewell to any body but never say goodbye and keep in touch.

One again, worlds are definitely failed for our deepest gratitude to our beloved and respected teachers Dr. Indu Girish, Dr. Arvind Kumar Singh, Dr. Gurmet Dorjey, Dr. Mitra, Dr. Priyasen Singh, Dr. Sivasai, Dr. Anand Singh, Dr. Mukesh Verma, Dr. Sangeeta Wardha, Dr. Om Prakash and Mr. Vikram.

Very big congratulation to our friends of MA second year with the batch of 2017-2019 for the first ever event in SoBSC. We can call it "Happy Gratitude Day" and keep it as our good tradition in future.

Although everyday should be a grateful day, the day of Sunday at the end of April every year should be "Happy Gratitude Day" in School of Buddhist Studies and Civilization, GBU for every wonderful and meaningful event to come!

May all teachers, Dhamma brothers and sisters be healthy in body, peaceful in mind, grateful in life and successful in spiritual path!

Phan Anh Duoc (Bhikkhu Thich Dong Dac) Ph.D. Research scholar of SoBCS Gautam Buddha University



Grateful Ceremony and Farewell
School of Buddhist Studies & Civilization
M.A Students (2017-2019)
28th April, 2019